Hi everyone! 2016-2017 has been a great year for our program! We greeted a new class of 5 students last August and we have an incoming class of 6 starting later this year. Our 7 applicants for internship all placed at excellent sites (see placements in this newsletter) and all received either their first, second, or third choice. Our 4 current interns all have post-docs that will start this summer or Fall. Many of our students have been successful in publishing and presenting their research; several have won poster awards at national meetings.

We have an APA site visit that will occur on May 22-23 which will include meetings with all faculty, students, Deans, the Provost, practicum supervisors, alumni, and current interns. Interestingly, we are in the first cohort of programs that have a site visit under the new accreditation criteria, so this will be an interesting test of the adjustments that we have made to be in compliance with these new criteria.

We are pleased to report that we now have two students on extramural Dissertation Fellowships (NSF: Amy Heard; and Ford: Stephanie Torres). Speaking of extramural, some of us have been successful in securing extramural research grants this year!

In this newsletter, we have reports from each of our research teams, a list of all practicum, internship, and post-doctoral placements, news from our alumni, and lists of publications by students and faculty.

We are very proud of our program, our current students, and our alumni. We are always astonished by the accomplishments of our students and we feel that at least some of this is due to the supportive atmosphere that we work to create in Coffey Hall.

I would love to get your feedback about this newsletter; suggestions for future issues are always welcome. Feel free to contact me at 773-508-2967 or gholmbe@luc.edu.

Best wishes to all of you,

Grayson Holmbeck, PhD
Professor and Director of Clinical Training
Meet the First Years  By Cynthia Onyeka

**Ian Kahrilas** was born and raised in the northwest suburbs of Chicago. Upon graduating from the University of Illinois at Urbana-Champaign in 2014, he worked as a research assistant at Northwestern University Feinberg and a technician at a pediatric neuropsychology clinic. As a member of the WELL Lab, Ian hopes to study the neural correlates of positive emotion regulation. During his free time, he enjoys playing bass guitar, raising awareness of the horrors of chimpanzees, and advocating for class party privileges.

**Laura Nicholson** is a native of the Chicago-land area and graduated from DePaul University. After graduating, she decided to get out of her comfort zone and worked an additional two years at DePaul University at the Center for Community Research. While Loyola is many miles away (6.7 to be exact), Laura has been able to adjust to the fantastic lakeside view. As a member of Amy Bohnert's Activity Matters Lab, Laura is interested in how structured activities/environments are related to health behaviors in children. When she's not on campus you can find her at the beach wearing SPF100 or at a baseball game enjoying a Vienna beef hotdog.

**Diana Ohanian** is a proud Michigander, hummus fanatic and resident defender of the city of Detroit. After graduating from The College of William and Mary (2012), she moved to Chicago for the beautiful weather. She received her Masters in history from the University of Chicago (2013), where, after working on a World War II oral history project, she realized she wanted to be a psychologist. Diana then worked at the Center for Community Research at DePaul University assessing the prevalence of Chronic Fatigue Syndrome in children in the Chicagoland area. It was there that she found her passion for pediatric psychology. Diana is absolutely thrilled to be a part of CHATS lab where she hopes to study pain symptoms in children with spina bifida. Outside of school, Diana runs along the lake front, bakes, and forces baked goods on her cohort.

**Cynthia Onyeka** is native of Dallas, TX, minus the Texan accent. While at the University of Texas of Austin, she worked as a research assistant in the Laboratory for the Study of Anxiety Disorders and the Cognitive Neuroscience Lab. After graduating in 2015, Cynthia had a brief stint at the Center for Brain Health as a research assistant before leaving triple-digit weather, barbeque, and the Lone Star State behind to call Chicago her home. As a member of Maryse Richards' Risk & Resilience Lab, Cynthia hopes to study factors that promote resilience as related to people of color, psychosocial buffers of community violence exposure in adolescents, and the relationship between social environmental stressors and mental well-being in marginalized communities. When she is not in Coffey Hall, you can find Cynthia adjusting to the weather, listening to podcasts, and performing with her improv troupe Soft Lunch in theatres around Chicago.

Coming from near and far, the first-years (AKA the Fab Five) are an interesting bunch. Bonded over their love of Potbelly’s, karaoke, and visiting one another in their offices, the first-years have developed a close-knit friendship. Having just successfully completed their first year, the Fab Five are excited to continue to support each other through this new and thrilling season in their lives. You may catch them sharing gifs, debating over the nature of chimpanzees, and trying to make it through this crazy thing called grad school.

Here’s what others have to say:
“10/10 would recommend.” – President Barack Obama

**Carol Hundert** has called several places "home," but the important ones are Cleveland, OH and Boston, MA. After graduating from Yale University in 2014, she spent two years working in a trauma-focused research lab at the Boston VA and volunteering on the Samaritans hotline. Carol was thrilled to return to the friendly Midwest after six years away and has already fallen in love with Chicago. As a member of Colleen Conley’s IMPACT Lab, Carol is interested in emerging adulthood and college student mental health, focusing on how universities can best promote well-being in their students. Her primary hobbies include (re)watching Parks and Recreation and eating Thai food, ideally at the same time.
Greetings! It’s hard to believe I am finishing my 15th year at Loyola. The good news is that I still think I have the world’s greatest job! Considering all the smart, motivated, and interesting students, colleagues, and collaborators with whom I interact on a daily basis, it is not hard to see why. The bad news is that there are so many interesting things to do with my time that, despite the best of intentions, I cannot seem to make any headway on all the fiction and nonfiction books that I continue to accumulate. My research over the past five years has been defined by one central goal: to understand the ways in which contexts, including out-of-school programming and exposure to nature, can enhance the daily lives of urban, low-income youth and reduce health disparities. To this end, our lab took the lead in writing the first comprehensive chapter on the topic of summertime weight gain as well as a policy brief that was widely disseminated via the Society of Behavioral Medicine and the National Summer Learning Association this spring. Over the next year, I will be engaging in several other projects with colleagues at Loyola and in Chicago as well across the US to develop more publications to address questions that seek to change the dialogue around how youth spend their summer months in this country. In addition, for the past two years, we have been funded by the Chicago-based Space to Grow initiative to examine the impact of green schoolyards on health and well-being of Chicago Public School students and communities. We will continue that funded work over the next 18 months using a variety of methods to evaluate impact and be a leading voice in the growing movement to connect children to nature. Speaking of children, mine are growing at an astonishing rate! Thankfully, they exasperate us less than they amaze and amuse us with their comments, joy, and passions. Wishing all of you lives that are evolving, renewing, and inspiring!
Dr. Colleen Conley

It’s my 10th (!) year at Loyola, investigating pathways of risk and resilience, and promotion of wellbeing across challenging developmental transitions.

The first major project of our lab is wrapping up after an 8-year run. We have two other active data collections and others in the works. This year we published the third in a series of meta-analyses on mental-health promotion and prevention programs for higher education students. I was reminded why I chose to be a life-long student as I wrote a book chapter that led me into the broader topic of mental health promotion in students of all levels, across the globe, taking an intensive but fascinating foray into the vast depths of local policies and practices of specific countries and continents, as well as international resources and programs from the World Health Organization, the United Nations, and the International Bureau of Education. This year we also started a collaboration with Headspace, which sparked an undergraduate’s Provost Fellowship project, and an interdisciplinary project for which Becky Silton and I submitted an LOI. My own mindfulness practice grows as I “suck out all the marrow of life” with three young, energetic, daughters who amaze and inspire me every day.

I am thankful for another year to work with such a wonderful group of graduate students, undergraduate students, and post-baccalaureate research assistants in the PACCT Lab. They kept me busy with research articles, conference presentations, and grant proposals, and I am excited to share some of the moments that made my year so enjoyable. The highlight of my year was celebrating Emma-Lorraine Bart-Plange’s successful match for internship at Saint Johns Child and Family Development Center in Santa Monica, California. Go E-Lo! As Hurricane Matthew pummeled the east coast of Florida last October, Suzanna So and Amanda Burnside (and Cynthia Pierre) joined me on the west coast in Tampa for an SRCD special topics meeting on males of color. I am proud to say that they represented our program well while presenting research on community violence and rubbing shoulders with leaders in our field. I also celebrated with our post-baccalaureate research assistants, Darrick Scott and Mirinda Morency. Darrick was accepted into the clinical psychology doctoral program at University of Massachusetts in Boston, and Mirinda accepted an offer from the MSW program at Columbia University in New York! I also had the pleasure of working with a new McNair Scholar, Catherine Montgomery, as she pursued research on school belongingness in African American male adolescents. Finally, my under-grad research assistant, Catherine Dudun, received a Provost’s Fellowship to examine ethnic identity in Ukrainian youth, and DonTerius Tinsley was selected as a Young Scholar by the Society for Research on Adolescence. My next major task is to plan a going away party this summer for Emma-Lorraine, Suzanna, Darrick, and Mirinda (and to try not to get too emotional and embarrass everyone).

Dr. Noni Gaylord-Harden

Dr. Grayson Holmbeck

Hi Alumni! Our lab has been very fortunate this year! We secured an R01 NINR grant to continue our longitudinal study of youth with spina bifida (T5 and T6) with a focus on self-management and the transition from pediatric to adult health care in this population. Also, our camp grant was re-funded for another 5 years to support our summer camp intervention program. Every day I feel fortunate for the amazing graduate students, undergraduate students, and post-bacs who work with me. In 2017, I will complete my 5-year term as the Editor of the Journal of Pediatric Psychology. This has been a fun and stimulating experience that has put me in touch with the most current work in pediatric psychology and our talented pool of researchers. I am still the DCT (year 15!) and I’m just trying to get thru this site visit year. Finally, it has been fun having my daughter Kaitlin (21) on campus; she is a junior here at Loyola. My son Joe (19) is also living in Chicago and will start college in the Fall. Best wishes to all of you!
Dr. Scott Leon

The PACE lab has had a successful year. We finished evaluating the Recruitment and Kin Connection Project, a child welfare system intervention designed to keep kids connected with their families. We are now publishing from the dataset and have been able to venture into other literatures, such as the role of fathers and the impact of parental incarceration on children in foster care. We are now hoping to partner with the Cook County Public Defenders Office to help parents receive support from their extended family so they have a better chance of reunifying with their children when they go to foster care. It continues to be a great joy and honor to work with such great and dedicated graduate students. On the personal front, we moved to Glenview from Northfield. My oldest daughter Ava goes to high school next year, my son will be in 3rd grade and my daughter Victoria will be in second grade. I am starting to feel pretty old.

Dr. Maryse Richards

Our lab has been very busy with the third year of funding from our OJJDP grant. We have been collecting data and implementing the cross age peer mentoring program at new sites in the North and South Lawndale neighborhoods. The work continues to be exciting and challenging as we engage older and younger youth in the processes of building caring relationships, developing positive identities, and managing the difficulties of life in high violence, disenfranchised communities. The work completed by my graduate students, post-bacs, and undergrads has been outstanding in the overall quality, the deep sense of compassion, and the collaboration with each other and the folks in the community! The multi-discipline element of work with my colleague in the school of social work has been highly enriching for me and the staff. On a personal note, I am about to attend my older daughter's (Heather) graduation from college, and take my younger daughter (Niara) on a college tour. Hope you are all well!

Dr. Patricia Rupert

Believe it or not, I will be starting my 40th year at Loyola in the Fall of 2017! I am still very much enjoying my work at Loyola and feel fortunate to be able to teach courses in Psychopathology and Ethics to our terrific clinical graduate students. In the research area, my work on burnout has led to a growing interest and focus on self-care for mental health professionals. This has led to some new and exciting projects. I recently authored a chapter on self-care with Dr. Ellen Baker, a private practitioner, for a Handbook of Private Practice.

In the Spring of next academic year, I will be on research leave to complete papers based on our new program of research examining self-care among mental health professionals who work with trauma victims. On the home front, my husband and I have been “empty nesters” for quite a while and are eagerly preparing for our son’s wedding this May.
This year has been very busy and very rewarding. First, my family welcomed our second daughter, Tasi, on June 7th, 2016. We have been savoring her smiles, snuggles, and new milestones throughout the year. Along with my amazing CASA team, I have continued to examine stress and protective processes among Mexican-origin immigrant families. We have submitted several papers related to this work over the past year. To apply this work to advocacy, I have joined the Refugee and Immigrant Children sub-committee of the Illinois Children’s Trauma Coalition. As part of this work, we are informing efforts to support immigrant and refugee youth throughout Chicago by developing and disseminating trainings for teachers, lawyers, and mental health clinicians. The CASA team will be involved in evaluating the impact of these efforts. We have also continued to examine the implementation of Bounce Back, a trauma intervention for elementary students. Finally, I am in the final stages of preparing a book about school-based trauma interventions with my colleagues Tali Raviv and Lisa Jaycox, which will be published by APA.

Hello Alumni! It has been a busy year for the Well-being and Emotion Laboratory and we are thrilled to have Ian Kahrilas (first-year student) join our research team. We continue to seek grant funding and we have recently submitted applications to the Brain Research Foundation and the Mind and Life Institute (in collaboration with Dr. Conley’s lab), in order to pursue affective neuroscience research that fosters positive affect and social connectedness. During this past academic year, I was fortunate to be a recipient of the Ann Ida Gannon, BVM, Center for Women and Leadership Fellowship, and I also received the Edwin T. and Vivijeanne F. Sujack Award for Teaching Excellence. I am also excited to be the new chair of the Women and Science Education committee for the Society for Psychophysiology Research. Eli (age 6) continues to be interested in "studying the brain" and is very proud of his recent drawing of the brain titled “Your Brain is in Your Head.” Abbie (age 2) simply wants to do everything that her big brother does. So, they both love any opportunity to visit the lab (frankly, I think they just like eating all of the chocolate in the lab!). I hope everyone is doing well!

“Your Brain is in Your Head”

By Eli Silton
Activity Matters Lab  By Dorothy McLeod

The Activity Matters Lab is staying active with numerous exciting projects! First, we are continuing data collection and analysis for the Space to Grow project, which evaluates the impact of green schoolyard transformations on Chicago Public Schools and their surrounding communities. Amy Bohnert and Carolyn Bates recently presented first year findings at the Children and Nature Network conference in Vancouver, BC. Meanwhile, Laura Nicholson has taken the lead on our collaboration with Girls in the Game, which examines the impact of after school programming on health and pro-social behaviors among urban girls. Dorothy McLeod has furthered our collaboration with the CASA lab by disseminating several research products regarding the impact of cultural factors on Mexican-origin families' health behaviors. Amy Heard has been working diligently to set up data collection for her NSF project on unhealthy food marketing. Our lab traveled to numerous conferences this spring, including SBM, SPPAC, and SRCD, presenting a total of four talks and five posters. We also published four papers and Amy Bohnert was lead author on a policy brief addressing summertime weight gain. Finally, we have continued to pursue grant funding opportunities for our work, including submitting grants to the Kellogg Foundation and the Robert Wood Johnson Foundation. We look forward to celebrating all of these accomplishments at our annual end-of-year lab dinner and summertime Ravinia picnic!

IMPACT Lab  By Brynn Huguenel

Colleen Conley’s IMPACT lab is happy to welcome our incoming first-year graduate student, Carol Hundert! As a lab, we’ve been busy this year focusing on multiple exciting projects. We are collaborating on a peer-led intervention to reduce self-stigma among college students with mental illness with researchers at the Illinois Institute of Technology and four other universities across the country. We are also in the final year of collecting data for the multi-cohort longitudinal IMPACT survey that follows student adjustment and psychological functioning throughout college, and have been working diligently writing up results examining these changes across the four-year college experience. We are also continuing our survey on the impact of social media use on mental and physical health. Further, we are collaborating with developers of a mindfulness app to examine whether social support can enhance the usage, adherence to, and benefits of the mindfulness intervention. The lab has also been busy presenting at conferences, including Jenna Shapiro traveling to APA and SPPAC, Brynn Huguenel to ABCT, and Carol Hundert to MPA.
PACCT Lab By Lauren Hindt

The Gaylord-Harden PACCT lab has been busy and productive this year! We are continuing to collect longitudinal data at Urban Prep Academy, a college preparatory high school for urban African American boys. We conducted a focus group for a new study that will examine experiences of contact with law enforcement among African American young adults in Chicago. We have had the hard work of our graduate and undergraduate students represented in the *Journal of Clinical Child & Adolescent Psychology* and *American Journal of Orthopsychiatry*, and we are busy working on additional manuscripts. Several lab members presented at the Society for Research in Child Development’s Special Topics Meeting (Babies, Boys, and Men of Color) in Tampa, the SRCD Biennial Meeting in Austin, the Association for Behavior and Cognitive Therapies Meeting in New York City, the Midwestern Psychological Association Conference in Chicago, and The Loyola Undergraduate Research Opportunity Program Conference.

CHATS Lab By Colleen Driscoll

The Holmbeck (CHATS) Lab continues to keep busy managing multiple research projects studying the psychosocial, family, and neuropsychological functioning among youth with spina bifida. Dr. Holmbeck received a grant from the National Institute of Nursing Research to fund the data collection for Time 6 of the CHATS study! Data collection for this time point began recently and, as all of the participants are now young adults, focuses on the transition from pediatric to adult health care. We were also very excited to receive a 5-year extension of grant funding from the Kiwanis Spastic Paralysis Research Foundation to continue our research project at Camp Independence! We are looking forward to spending this summer with campers, delivering a psychosocial intervention aimed at increasing social and medically-related independence. We continue to collect data for the longitudinal study comparing youth with spina bifida to a typically-developing control group. Additionally, in collaboration with Dr. Robin Bowman, pediatric neurosurgeon at Lurie Children’s Hospital, we have begun collecting data for a study examining the neuropsychological effects of shunt placement for youth with spina bifida. Colleen Driscoll presented as part of a symposium about parenting in chronic health populations at the Association for Behavioral and Cognitive Therapies last Fall, and, as always, we enjoyed catching up with past members of the Holmbeck crew at the Society of Pediatric Psychology Annual Conference in Portland, Oregon this spring. Diana Ohanian has thrived in her first year of graduate school and presented her research focusing on pain and school outcomes in youth with spina bifida at SPPAC! Alexa Stern won a SPPAC student travel award, and Jackie Lennon Papadakis’ poster earned the Celebrating Diversity Student Poster Award! We are looking forward to another productive year!
The PACE Lab continues to collaborate with the Illinois Department of Children and Family Services to evaluate the Recruitment and Kin Connections Project (RKCP). The RKCP seeks to promote well-being among youth in the child welfare system by increasing family-finding and engagement. We are now in the data analysis stage of this project. We have presented and plan to present our findings at several conferences, including APA, ISTSS, and MPA. Additionally, we are developing manuscripts examining emergency shelter care utilization, the impact of geographic distance from family members on well-being, and the importance of kinship support among youth in foster care. Anne Fuller has been on internship and dearly missed in lab; she spent the past year at Canvas Health in Minnesota. Both Brynn Huguenel and Lauren Hindt are collecting data about children's traumatic experiences with mothers. Overall, the Lab has had a wonderful year and looks forward to analyzing results and disseminating the findings!

The Risk & Resilience Lab has had another productive year studying the effects of community violence on urban minority youth. The lab continues to implement and evaluate its longitudinal cross-age peer mentoring study across multiple schools and neighborhoods in the South and West Side of Chicago, supported by the Department of Justice. In addition to its already established sites, the project recently started two additional sites. We are also maintaining collaborations with the School of Social Work’s Empowering Counseling Program by offering free school-based counseling services to the youth we work with. With the help of our undergrads, post-baccs, and graduate students, the lab has produced numerous undergrad honors theses, manuscripts, conference presentations, and master’s thesis and dissertation proposals. We look forward to continuing the team effort in the coming year!
PIER Lab  By Katie Dorociak

The PIER Lab has been hard at work this year! Evan Zahniser took the lead on a project examining self-care and related outcomes among clinical psychology doctoral students. Katie Dorociak is leading a project exploring stress and self-care practices over the professional lifespan of clinical psychologists. Other projects this past year included an assessment of burnout profiles and predictors of burnout in psychologists. The lab team also presented a symposium at APA titled: Self-Care for Psychotherapists: Research, Educational, and Clinical Perspectives. The PIER lab is getting excited to launch a new project examining self-care and professional functioning among trauma clinicians.

CASA Lab  By Laura Distel

This has been a busy year for the CASA lab! Laura Distel, Anna Ros, Stephanie Torres, and Stephanie Brewer are currently coding focus group data on the dissemination of Bounce Back, a trauma focused CBT group for elementary school aged children, to CPS. Additionally, at the Association for Behavioral and Cognitive Therapies (ABCT) conference in New York in October, Cate Santiago, Steph Torres, Laura Distel, and Anna Ros presented their research on Bounce Back as well as the Immigrant Family Coping Study. The CASA lab is looking forward to following up with our families in the Immigrant Family Coping Study next year!

WELL Lab  Ian Kahrilas

It has been a busy and productive year for the Well-being and Emotions Lab at Loyola (WELL)! We have been finishing up data collection for the Cognition, Coping, and Emotion (CCE) Study, have continued working on our EEG studies related to pain, and have also been honing in on how positive affect influences a variety of constructs, including pain and savoring. Lorri Kais is completing her practicum at the University of Chicago and is getting ready for an exciting year on internship! Kelly Polnaszek continues to work with our pain collaborators at NorthShore University Health Systems and is finishing up her first practicum experience. Ian Kahrilas has started collaborating with Fred Bryant on examining the relationship between affect, depression, and savoring and have working on a new manuscript to publish their findings. He is also working to start data collection in the fall for his thesis project that will investigate the neurobiological correlates of savoring. Lastly, the WELL Lab also presented their latest research at the Society for Affective Science annual conference in Boston and had a great time meeting up with old friends and new!
Committee Updates

Clinical Students Association By Dorothy McCleod

The Clinical Students’ Association has had a great year facilitating communication between the students and faculty of the program. The CSA met three times per semester with all available students, gathering updates, questions, and suggestions. Following each CSA meeting, the committee leadership met with the DCT to discuss and implement the students' ideas. Dorothy McCleod and Cara Diclemente feel that the CSA’s greatest accomplishment this year has been securing a new and improved lunch menu for applicant interview days. Yum!

Colloquium Committee By Lauren Hindt

The Colloquium Committee has been busy organizing a variety of events for the program. Students and faculty met multiple times to watch videos from the Society for a Science of Clinical Psychology's monthly brown bag series and discuss a range of clinical topics. Everyone loved Claire and Kyle Deane’s engaging presentation about traveling the world. Students and faculty also enjoyed a presentation by Dr. Jenna Duffecy about Behavioral Intervention Technologies. The fifth years shared their wisdom about applying to internship and tracking clinical hours to 1st-4th years. Everyone is looking forward to closing out the semester with the upcoming case conference, during which students can share clinical experiences from externship.

Employment Committee By Alexa Stern

This year, we were excited to welcome Brynn Huguenel to the Employment Committee team. We decided to add a new section to the annual survey regarding grants and fellowship opportunities. We hope students will benefit from learning how others have navigated the grant application process. We look forward to sharing the results of our annual survey with the program later this spring.

Information Committee By Colleen Driscoll

We hope that you are enjoying the redesign of the 2017 Psyren! In addition to the newsletter’s redesign, the Information Committee has also taken on the project of coordinating a Psychology department-wide effort to showcase graduate students’ scholarly work. If you find yourself on campus, please check out the new bulletin board by the elevators on the first floor of Coffey Hall! We also have continued to update the Clinical Psychology bulletin board on the 2nd floor – currently highlighting the exciting travels of members of our department!

Practicum Committee By Amanda Burnside

This year, the practicum committee organized an informational meeting to help share information about experiences at different sites and assist students in the practicum application process.

Social Committee By Cara DiClemente

The Social Committee has had a great year of planning fun events that facilitate program bonding! This included two family-friendly gatherings: an afternoon of food and laughter at Uncommon Ground in the spring, followed by an adventure to Wicker Park for Piece Pizza in the fall (with lovely artwork provided by Victoria Leon). We are looking forward to our next event coming up in May: another exciting afternoon at Uncommon Ground. We are constantly searching for the next best way to bring us clinical folks together, so suggestions are always welcome!
# Faculty and Student Awards

## Faculty Awards

<table>
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<tr>
<th>Name</th>
<th>Award</th>
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<tbody>
<tr>
<td>Carolyn Bates</td>
<td>Kobler Travel Award</td>
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<tr>
<td>Stephanie Brewer</td>
<td>Research Mentoring Program Fellowship and Graduate Student Mentoring Award</td>
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<tr>
<td>Kyle Deane</td>
<td>Victor J. Heckler Fellowship</td>
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<tr>
<td>Laura Distel</td>
<td>Society of Pediatric Psychology Annual Conference Obesity Special Interest Group Poster Award</td>
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<tr>
<td>Katie Dorociak</td>
<td>Kobler Travel Award</td>
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<tr>
<td>Colleen Driscoll</td>
<td>Kobler Travel Award</td>
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<tr>
<td>Lauren Hindt</td>
<td>Student Poster Award from APA Division 37 (Society for Child and Family Policy and Practice)</td>
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<tr>
<td>Ian Kahrilas</td>
<td>Victor J. Heckler Fellowship</td>
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<td>Dorothy McLeod</td>
<td>Distinguished Student Travel Award at the Society for Behavioral Medicine.</td>
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<tr>
<td>Cynthia Onyeka</td>
<td>Kobler Travel Award</td>
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<tr>
<td>Jaclyn Papadakis</td>
<td>Society of Pediatric Psychology Annual Conference Celebrating Diversity Student Poster Award</td>
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<tr>
<td>Kelly Polnaszek</td>
<td>Kobler Travel Award</td>
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<tr>
<td>Dakari Quimby</td>
<td>Research Mentoring Program Fellowship</td>
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<tr>
<td>Catherine Rice</td>
<td>Thesis Research Funding Award from the Graduate School</td>
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<tr>
<td>Anna Ros</td>
<td>Victor J. Heckler Fellowship</td>
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<tr>
<td>Alexa Stern</td>
<td>2017 Society of Pediatric Psychology Travel Award</td>
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<tr>
<td>Stephanie Torres</td>
<td>Ford Foundation Dissertation Fellowship from the National Academies of Sciences, Engineering, and Medicine, and awarded a Victor J. Heckler Fellowship</td>
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## Faculty Grants

<table>
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<tr>
<th>Name</th>
<th>Grant</th>
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<tbody>
<tr>
<td>Noni Gaylord-Harden</td>
<td>2016 Ignatius Loyola Award for Excellence in Teaching Winner</td>
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<tr>
<td>Rebecca Silton</td>
<td>Ann Ida Gannon, BVM, Center for Women and Leadership Fellowship; 2017 Sujack Teaching Award Winner</td>
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<tr>
<td>Grayson Holmbeck</td>
<td>National Institute of Nursing Research and Office of Behavioral and Social Sciences Research R01 Grant</td>
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<td>I-I District of Kiwanis International Spastic Paralysis Research Foundation Grant</td>
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<tr>
<td>Noni Gaylord-Harden</td>
<td>Office of Juvenile and Delinquency Prevention (OJJDP) Grant</td>
</tr>
<tr>
<td>Catherine DeCarlo Santiago</td>
<td>Lurie Children’s Hospital Sub-Grant</td>
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Rachael Coakley, Ph.D. (Class of 2004)
Rachael Coakley lives in Boston with her husband and two sweet boys, ages 11 and 6. She continues her work in the Department of Anesthesiology at Boston Children’s Hospital. Her CBT program that teaches coping skills to kids with pain has just launched a website: http://www.TheComfortAbility.com. If you work with pediatric patients, you should check this out for great resources, parent friendly articles on pain management, and information about where to attend a workshop in the US or Canada.

Emily Eldlynn, Ph.D. (Class of 2007)
Phil O'Donnell, Ph.D. (Class of 2007)
Our big news is that we moved back to the Chicago area after more than ten years living in other cities. (We actually live on the same street as Grayson, in Oak Park.) We had been in Denver for 3.5 years, but Phil received a great job offer with Northwestern to be the director of the Cook County Juvenile Court Clinic, where he actually worked when it first opened while he was in grad school at Loyola! I am working as a pediatric psychologist at Amita Health, where I am in clinic one day a week with alum Nicole Cruz (2006). It is fun to be back, and we have seen lots of alumnae through work and Oak Park connections!

Christina (Tina) Holbein, Ph.D. (Class of 2016)
My main update is that I’m currently finishing my first year of a T-32 fellowship at the Center for Adherence and Self-Management at Cincinnati Children’s Hospital Medical Center.

Laura A. Hoffman, Ph.D. (Class of 2000)
Hello Loyola Alumni and Faculty!
My family and I recently moved from Houston, Texas to Pittsburgh, PA in August 2016. I had been working as a therapist for the Houston Independent School District in their Behavioral Health Department and really enjoyed the school schedule and the diversity of clinical work the position offered me. Shortly after moving to

Pittsburgh, I came in contact with Wesley Spectrum. Before I knew what was happening, I was hired as a staff therapist for Wesley Spectrum High School. I am still working on my post doc hours and continue to love the school setting and schedule.

Personally, I have 4 kids. My eldest, Ethan, is a Sophomore at the University of Alabama in Air Force ROTC and is an aerospace engineering major. He plans to apply for a pilot slot in the Air Force. Emma is 16 and a sophomore in high school. She plays competitive soccer and hopes to continue playing in college while studying physical therapy. She would like to work with veterans. Claire is 13 and an 8th grader. She is the runner in the family and runs cross country and track events. Our youngest is Liam, age 5, and will be starting Kindergarten in the Fall. Eric and I just celebrated our 25th wedding anniversary last summer. It’s hard to believe so much time has flown by. I love hearing updates on the Clinical Program at Loyola. So nice to see students and research labs thriving. I am so grateful for the training I received and the friends I made at Loyola. My experiences there truly prepared me for many roles and responsibilities in life, my clinical work, academia, and as a parent. Best wishes to all.

Holly Hunley, Ph.D. (Class of 2008)
We have had a very busy several years! I have worked as a VA psychologist for 8 years, at Jesse Brown VA for the first three years as their PTSD/SUD Specialist, and the last 5 years at Hines VA. I currently specialize in delivering EBPs for PTSD via Telemental Health and am the Telemental Health Program Manager. My husband Bill and I welcomed our son Jack in January 2017. Our daughter Maggie (3 ½ years) loves being a big sister. We have enjoyed being parents, traveling with our daughter, and are looking forward to trips to New York and France this summer and fall as my husband completes his MBA.
Brittany Latkin-Starr, Ph.D. (Class of 2009)
For the last seven years, I worked at Illinois Masonic Medical Center’s Behavioral Health Services, where I saw patients and supervised and taught practicum students. My favorite part was teaching patients and students about psychodrama, an expressive arts therapy. Over the last 5 years, I ran 21 group cycles of psychodrama and started a Psychodrama training track for practicum students, now in its second year. I was a guest on Dr. Zachary Friedman’s podcast, the 50 Minute Hour (episodes 8 and 9), where we discussed psychodrama. It is available for free on itunes. [http://itunes.apple.com/us/podcast/the-50-minute-hour/id1044300356?mt=2](http://itunes.apple.com/us/podcast/the-50-minute-hour/id1044300356?mt=2). Finally, this past winter, I won the hospital’s MVP award for my psychodrama contributions.

I am now looking forward to my next adventure. A colleague and I created the Chicago Center for Growth and Change, a psychology practice in downtown Chicago. While saying goodbye to my time at Illinois Masonic is bittersweet, I am looking forward to the next chapter. And in my spare time, I have found my way back to the stage. Last summer, I was Grandma Tzeitel in the Rising Stars theater company’s production of Fiddler on the Roof.

Inna Meerson, Ph.D. (Class of 2007)
I am in the fifth year at Vista Medical Center (Vista West) in Waukegan, IL, as a program coordinator and therapist in the Adolescent IOP. I rotate through the ED, adult PHP, and child/adolescent and adult inpatient programs as needed. As part of my work, I also supervise graduate and undergraduate students for their externships who train in my program and other programs in the Behavioral Health at Vista. I have a small practice as well, working mostly with older clients in their homes. I live in Evanston and, outside of work, enjoy close connections with my parents, my sister’s family and my two nephews, and many friends in the Chicago area.

Laura Renteria, Ph.D. (Class of 2005)
After 15 years of living in Chicago my husband and I moved to Beaverton, Oregon in September 2016. The move was prompted by our desire to be closer to family and nature. Our new home is surrounded by protected green space and walking trails. We have enjoyed much more frequent visits from nearby family and friends.

I’m the only Spanish speaking board certified neuropsychologist in the state of Oregon, which has been good for business. I started my own private practice and have thankfully seen a steady stream of referrals in just the first few months. My commute to work has also gotten much better! My drive to work in Chicago was 3 hours (round trip), but in Oregon I was able to shrink that down to 22 minutes.

Moving to Oregon allowed me to reunite with my former academic advisor, Dr. Susan Li. Some of you may recall that she moved to Beaverton after my second year at Loyola. I’m so thankful for a familiar face. She has introduced me to several colleagues and has also twisted my arm into teaching a course at Pacific University.

Over the past few years I have been thankful to serve in various leadership positions. I’m a past president of the Hispanic Neuropsychological Society, have served as Federal Advocacy Coordinator for Division 40, and was recently elected to serve as a member on the American Board of Clinical Neuropsychology.

Glad for a life that keeps me busy and feeling fulfilled. Hoping to explore more of Oregon in the months to come.
**Michelle Sarche, Ph.D. (Class of 1999)**
This year marks 20 years that Michelle Sarche (Christensen) has been at the University of Colorado Anshutz Medical Campus in the Centers for American Indian and Alaska Native Health. Her work is funded by the Administration for Children and Families to support collaborative research with tribal Head Start, Home Visiting, and Child Care programs. Over the last 3 years, she has worked closely with ACF, tribal Head Start directors, and Mathematica Policy Research to plan for the first national study of American Indian and Alaska Native Head Start programs. The first report of findings will come out later this year. Michelle is currently an Associate Professor on the faculty of the Colorado School of Public Health.

**Alison (Dunleavy) Stoner, Ph.D. (Class of 2013)**
My husband and I relocated to New England last summer and I will be starting a tenure-track position in the psychology department at Assumption College in Fall 2017.

**Amanda Ward, Ph.D. (Class of 2015)**
Amanda is currently a licensed staff psychologist at Massachusetts General Hospital and an Instructor at Harvard Medical School. She conducts comprehensive neuropsychological evaluations for children and adolescents with a wide range of neurodevelopmental, social-emotional, and learning disorders.

**Arie Zakaryan, Ph.D. (Class of 2016)**
I am currently completing my postdoctoral fellowship in pediatric psychology at the Children’s Hospital of Orange County (CHOC Children’s). Recently I also accepted an offer for a position as a pediatric pain psychologist at Phoenix Children’s Hospital at the conclusion of my fellowship this fall. I am so blessed and excited for this next wonderful step in my career!
Good News!

Thesis Defenses

**Amanda Burnside**: Psychological Predictors of Community Violence Exposure in Ethnic Minority Male Adolescents

**Colleen Driscoll**: Parenting-related stress, parental distress, and youth health-related quality of life in families of youth with spina bifida: Parenting behaviors as mediators

**Amy Heard**: The Relation between Appearance Evaluation and Disordered Eating Attitudes throughout College: Trajectories and Moderators

**Dorothy McLeod**: Measures of Acculturation and Relations to Weight among Mexican-Origin Youth

**Kelly Polnaszek**: Cortical and Psychological Mechanisms of Visceral Pain

**Anna Maria Ros**: The Effects of Parental Functioning and Socioeconomic Status on Initial Child Psychopathology Symptoms and Treatment Outcomes Following a Brief Trauma Focused Cognitive Behavioral Therapy Group

Dissertation Defenses

**Kimberly Burdette**: Friendship Selection Patterns in Low-Income Minority Girls/Adolescents: Links to Obesity Risk

**Alex Kirsch**: Disordered Eating Treatment Programs for Adolescents and Emerging Adults: A Meta-Analytic Review of Treatment Effectiveness and Moderators of Treatment Success

**Caitlin Murray**: Sleep-wake Disturbances in Adolescents with Spina Bifida: Prevalence and Associations with Bio-neuropsychosocial Functioning

Internship Placements for 2017-2018

**Emma-Lorraine Bart-Plange**: Saint John’s Child and Family Development Center, Santa Monica, CA

**Stephanie Brewer**: University of Washington – Psychiatry, Seattle, WA

**Kyle Deane**: Alexian Brothers Behavioural Health Hospital, Hoffman Estates, IL

**Grace (Jhe) Bai**: Harvard Medical School/Children’s Hospital of Boston, Boston, MA

**Lorri Kais**: University of Minnesota Medical School, Minneapolis, MN

**Jaclyn Lennon Papdakis**: Ann & Robert H. Lurie Children’s Hospital, Chicago, IL

**Dakari Quimby**: University of Southern California/Children’s Hospital, Los Angeles, CA

Externship Placements for 2017-2018

**Caroline Bates**: Advocate Children’s Hospital

**Amanda Burnside**: Advocate Illinois Masonic Medical Center: Behavior Health Services

**Laura Distel**: University of Chicago, Pediatric Neuropsychology

**Cara DiClemente**: Pediatric Developmental Center, Advocate Medical Group

**Katie Dorociak**: Hines VA Neuropsychological Assessment & University of Illinois CBT Clinic

**Colleen Driscoll**: University of Chicago Child/Adolescent Advanced Psychotherapy and Pediatric Psychology Externship

**Amy Heard**: University of Chicago Child/Adolescent Advanced Psychotherapy and Pediatric Psychology Externship

**Lauren Hindt**: University of Chicago, Pediatric Neuropsychology

**Brynn Huguenei**: NorthShore Adult Neuropsychology

**Dorothy McLeod**: University of Chicago Child/Adolescent Advanced Psychotherapy and Pediatric Psychology Externship & Shriners Hospital for Children

**Kelly Polnaszek**: University of Chicago, Adult Neuropsychology & University of Illinois CBT Clinic

**Catherine Rice**: Alexian Brothers Neurosciences Institute (Pediatric Neuropsychology)

**Anna Maria Ros**: DePaul Family and Community Services (Latino Mental Health)

**Jenna Shapiro**: University of Chicago Child/Adolescent Advanced Psychotherapy and Pediatric Psychology Externship

**Susanna So**: UCLA Child Anxiety, OCD, and Tourette’s Clinical Practicum. Los Angeles, CA

**Alexa Stern**: University of Chicago, Pediatric Neuropsychology

**Stephanie Torres**: Rush University Medical Center: Child and Adolescent Psychiatry Program

**Evan Zahniser**: Neuropsychology and Cognitive Health, Bellevue, WA
Selected Presentations and Publications 2016-2017


Marriages and Engagements!

Amy and Tom

Amy Heard got engaged to Tom Egbert in late summer!

Catherine and Steven

Catherine Rice got engaged to Steven Dusing in Spring 2016!

Colleen and Charlie

Colleen Bechtel married Charlie Driscoll in August in Slatington, Pennsylvania!

Katie and Ben

Katie Dorociak got engaged to Ben Beckwith in January 2017!

Dorothy and Sam

Dorothy McLeod got engaged to Sam Loren in Fall of 2016!
Alumni, Faculty and Students reunited at the annual Loyola get-together at the Society of Pediatric Psychology Annual Conference in Portland, Oregon (March 30, 2017).

First-Years Laura Nicholson, Ian Kahrilas, Carol Hundert, Diana Ohanian, and Cynthia Onyeka celebrate successfully finishing their first year of graduate school!

Introducing Tasi DeCarlo Santiago!

Tasi just missed being featured in last year’s Psyren – she was born just a month after the issue went out! A big congratulations to Cate, Lawrence, and Roma on the arrival of Tasi on June 7, 2016!

Stephanie Torres and Suzanna So explored New York City while visiting for the Annual Convention of the Association for Behavioral and Cognitive Therapies.
Grayson Holmbeck and the 4th Years celebrate the end of the semester at the Winter social event!

The 3rd Years celebrate Amy Heard’s (center) engagement at her surprise engagement party this past September!

The 2nd Years celebrate Catherine Rice’s (second from left) engagement!

SPORTS!

Cara DiClemente, Alexa Stern, Laura Distel and her boyfriend Sam Cantor, and Lauren Hindt celebrate Brynn Huguenel’s (center) successful Chicago Marathon finish!

Evan Zahniser, Anna Ros, Amy Heard, Lauren Hindt, Colleen Bechtel, Catherine Rice, Cara DiClemente, and Laura Distel (and friends) played on a summer kickball league.