Sharing the Road 
Biking on Streets

1. Ride in a straight line.
   - Avoid weaving between parked cars.
   - Ride in a straight line at least 1 foot away from parked cars to avoid the door zone (see below).

2. Never ride against traffic.
   - Riding against traffic is dangerous and illegal. Motorists and pedestrians are not looking for cyclists in the wrong way of the road.

3. Use the lane forefront to the right that points to where you are going.
   - Follow lane markings to cross an intersection or if you can’t change lanes to turn left, ride across the street to the other side and align your bike with traffic, then proceed with your signal.

4. Use the door zone.
   - The door zone is the first area along the side of a parked car where an opening door can hit and knock down a cyclists.
   - Ride outside the door zone.

5. Before merging with traffic, do a check for traffic approaching from behind and signal your intentions before moving over. Only merge when it is safe to do so.

6. When riding in a bike lane, ride on the left side of the lane – at least 6 feet from parked cars.

7. Obey all traffic regulations.
   - Riding predictably and following the laws are the keys to safe bicycling. Knowing and following the traffic rules help all road users, pedestrians and cyclists to react to each other.

8. Don’t ride in the sidewalk.
   - Motorists are not looking for cyclists to be riding sidewalk and are often surprised by them at intersections and pedestrian crossings.
   - If you must ride in the sidewalk, ride walking pace and stop and yield at every intersection.

9. When necessary, use an extra travel lane.
   - Move toward the center when the road is too narrow for distances, to keep safe or where you’re meeting at the same opening traffic.

The Door Zone Tips to Avoid Injuries