1. Welcome
This is an exciting time for all! Working with you proves to be, much more often than not, a rewarding if not inspirational experience. Welcome to the Pre-Health Professions Advisory Committee – year of admission fall 2016!

Participation in the Pre-Health Professions Advisory Committee is Optional.

Primary goals of the Pre-Health Professions Advisory Committee are to retain credibility with health professional schools and assist as many Loyola students earn admission into health professional school as possible. In other words the Committee hopes to be both candid and positive when communicating evaluations to health professional schools.

A number of medical schools and dental schools prefer that students apply to medical or dental school through a pre-health advisory committee if one exists on campus.

None of this means that one must use the Pre-Health Professions Advisory Committee or that one has an inalienable right to the Committee. Participation in the Committee is optional and it is also a privilege that may be removed.

2. Discussion of Committee Advisors
General Pointers of Working with Advisors
Committee Advisors are excited about working with you. Serving as a Pre-Health Professions Committee Advisor is a substantial commitment. However, they are happy to serve, as they believe in the importance of Loyola’s Committee process and a Loyola education. Further, helping qualified students and alumni enter a socially constructive career, and, at times, educating others how they can become more qualified applicants in the future is a central interest of educators.

Please remember to keep your Committee Advisor informed through your entire application process. Committee Advisors often form a strong bond with their advisees.
- Advisors have files (Online Application Submitted in November 2014)
- What 'in-person' contact means—email, walk-ins, etc., are not acceptable for ‘in person” contact. Providing at least one-week notice when requesting an appointment is considered appropriate and requesting an appointment with less than 48 hours notice is considered inappropriate (note: Saturday and Sunday are not considered working days).
- The personal statement is a vehicle to help drive the working relationship between advisor and applicant; the ultimate goal is for advisor to get to know you well. It is to your advantage to be candid, proactive, and use good judgment in seeking your advisor’s assistance.
3. **Use the Committee Process Wisely!**

The committee process is a potential means by which an applicant’s academic strengths and qualifications beyond the numbers can be better illuminated for health professional school. A number of medical schools over the years have complimented Loyola on the richness of our committee letters. Committee processes do not exist at some institutions, and those that do exist at other colleges and universities are almost all less intense than at Loyola. **However, the Committee process is not always beneficial.**

Every year, a small number of otherwise seemingly qualified applicants do not take the Committee process as seriously as their Committee Advisor or the larger Pre-Health Professions Advisory Committee would like, engage with their advisors in an inadequate way or inappropriate way, and so forth.

In addition, year after year, there seem to be a number of Committee participants who participate in the Committee process when it is not advisable to do so. As we have indicated in other Committee materials, health professional schools typically find a Committee Evaluation helpful because they believe this provides a more balanced view of each student than letters from individual faculty members can do alone. Committee appraisals are rigorous, may be positive and negative, and vary in strength (e.g., levels seen in a typical letter of evaluation form, not everyone who participates in the Committee process will be regarded by the Pre-Health Professions Advisory Committee as outstanding, etc.). Generally, the strength of the Committee letter of evaluation reflects the Committee’s appraisal of the strength of the applicant’s candidacy along criteria based on (but not limited to): individual letters of evaluation; academic transcript(s); health professional school admission test performance; involvement in health related volunteer/work; extracurricular/community service activities; research opportunities; general work experiences; personal life factors; maturity of your decision to pursue a career in the health professions; and your interactions with the members of Pre-Health Professions Office, your Committee Advisor, and other members of the Loyola community. The Pre-Health Professions Advisory Committee will also
be using the AAMC Core Competencies in evaluating Committee applicants. For a list of these competencies please see: https://www.aamc.org/initiatives/admissionsinitiative/competencies/

There is some good information in the Committee materials on the Pre-Health website which can help you decide whether it would be wise to apply using this cycle of the Pre-Health Professions Advisory Committee. (We also provide one example below using only numbers—far from the only factor considered in medical school admissions.) The final decision on whether or not to use the Committee process is up to the applicant him or herself provided he or she continues to meet all eligibility requirements and deadlines. At least one exception beyond failing to meet eligibility requirements and deadlines is when the Pre-Health Professions Advisory Committee declines to write a Committee letter.

Researching the requirements and matriculate profiles for all the health professional schools in which you are interested is also an essential step in determining whether this application cycle is right for you.

**Green Light- Yellow Light – Red Light Rubric**

Selected Matriculate Data for Allopathic, Osteopathic, and Dental (“Ballpark Figures” based on National Means and Standard Deviations from Allopathic and Osteopathic Medical school matriculates; ADEA Executive Summary for 2010 entering class)

- **Allopathic**
  - Green Light (Cumulative) 3.65
  - Green Light (BCPM) 3.6 or higher
  - Yellow Light (Cumulative) 3.4 to 3.65
  - Yellow Light (BCPM) 3.3 to 3.6
  - Red Light (Cumulative) Below 3.4
  - Red Light (BCPM) Below 3.3

- **Osteopathic**
  - Green Light (Cumulative) 3.50
  - Green Light (BCPM) 3.35 or higher
  - Yellow Light (Cumulative) 3.2 to 3.50
  - Yellow Light (BCPM) 3.1 to 3.35
  - Red Light (Cumulative) Below 3.2
  - Red Light (BCPM) Below 3.1

- **Dental**
  - Green Light (Cumulative) 3.50
  - Green Light (BCPM) 3.50 or higher
  - Yellow Light (Cumulative) 3.25 to 3.50
  - Yellow Light (BCPM) 3.25 to 3.50
  - Red Light (Cumulative) Below 3.25
  - Red Light (BCPM) Below 3.25
4. Selected Deadlines (Refer to Committee materials for further information)
   - Deadline for submission of Health Professions Worksheet which verifies a minimum of 50 hours (post-secondary) in a health care setting is **February 27th**.
   - Deadline for scheduling and having a meeting with Committee Advisor: **February 27th**.
   - The preferred deadline for having letters of evaluation into the Office of Pre-Health Advising is **April 1st**.
   - Deadline for submitting your polished copy of the personal statement to the Pre-Health Office is **April 24th** (submitted on PHad database). We don’t send this copy of your personal statement to health professional schools—it is for our records.
   - Deadline for last day to meet with your Committee Advisor is **April 24th**.
   - Deadline for having a total of three letters of evaluation—in the Pre-Health Professions Office and one of which being a clinical letter of evaluation—is **May 4th**. If you do not have a minimum of three letters including a letter from your clinical experience, you will not be presented to the Committee and the Committee will not write a letter of evaluation on your behalf.
   - Having only three letters, as described above, in by the **May 4th** deadline only means that one has satisfied this eligibility requirement for review by the Committee. (It does not mean, for example, that these three letters are any good, that an additional letter or two would not be helpful, etc.)

5. Letters of Recommendation
   - **Individual Letters of Recommendation.** Requests for letters of recommendation should first be made in person. Once the recommender agrees to provide letter, submit your request electronically via the PHad system. Please note that paper waivers will no longer be used. Once request is made via PHad, the recommender will receive an email communicating your request, stating your choice to waive or not to waive confidentiality of your recommendation letters, guidance on the content to include in the letter as well as a link to upload your letter to your PHPAC application. You will receive notification of the letter being available upon upload but you will not have access to view the letter if you have waived your right to see the letter. You will be able to know who has submitted the letter of recommendation for you and those who has not submitted a letter. The recommender also has the option to decline to write the letter of recommendation for any reason including if a request has not been made in person.
   - The Committee requests at least four letters of evaluation (See Grid Below)
   - The Committee will not accept more than five letters (Note: osteopathic letter exception).
   - The Pre-Health application database maintains an electronic list of what letters have been received via your application. It is your responsibility to make sure all letters of evaluation have been submitted in the Pre-Health application database.
   - For candidates who have withdrawn from the Committee process or for who the Committee has declined to write a letter of evaluation, one may apply to health professional school on his or her own but no longer through the Committee. The Pre-Health Professions Office is not able to coordinate letters for any applicant for who the Committee has declined to write a letter or who has withdrawn from the Committee process; the office will forward these letters directly back to the original recommenders upon their request. It should be noted that one in such a situation may also go through the Committee in a subsequent year provided he or she meets all applicable eligibility requirements and deadlines.
   - Letters of Recommendation submitted to the Pre-Health Professions Office may only be sent only to
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medical schools for pre-medical applicants, sent only to dental schools for pre-dental applicants. The Pre-Health Professions Office will not send these letters to graduate schools, to scholarship selection committees, and so on. If you wish these letters to be used for any purposes other than applying to the specific type of health professional school to which you have applied, you will need to work directly with the person who wrote the letter.

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<tr>
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<th>Loyola Undergraduates and Alumni</th>
<th>Loyola Post-Baccalaureate, MAMS and Graduate Students</th>
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<tbody>
<tr>
<td><strong>Two</strong> letters from Science Faculty Members</td>
<td><strong>Two</strong> letters from Science Faculty Members</td>
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<tr>
<td><strong>One</strong> letter from a Non-Science Faculty Member</td>
<td><strong>One</strong> letter from someone else who can attest to your motivation for medicine, e.g. an employer, a faculty member from your undergraduate experience, a mentor, a director of your graduate program (if applicable).</td>
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<tr>
<td><strong>One</strong> letter from someone who has worked with you in a clinical setting (a doctor’s office, hospital personnel, etc.)</td>
<td><strong>One</strong> letter from someone who has worked with you in a clinical setting (a doctor’s office, hospital personnel, etc.)</td>
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6. **Appointments**
- Committee Advisors are excited to work with you!
- If you want your Committee Advisor to work with you on your personal statement, bring a copy of personal statement to your meeting with your advisor (or send in advance only if your advisor requests).
- Keep all appointments.
- If you must cancel/reschedule your meeting, please let your advisor know immediately.
- Use your appointment time wisely.
- Some Committee Advisors have rules of conduct; please follow them.
- Always follow up with Committee Advisors about your application.
- Use common sense and good judgment throughout the process.
- While you are required only to have one meeting with your Committee Advisor by February 27, 2015 to remain eligible for the Committee, advisees are **strongly encouraged** to have at least two to three meetings with their advisor within the established time frame for Committee advisor-advisee meetings (late January 2015 through April 2015).
- **Do your part in building the working relationship!**
- **Enjoy this Opportunity!**

7. **Waiver Form:**
   - **Part I:** Authorization for Committee to write letter
   - **Part II:** Waiving/Not Waiving access to Committee Letter
   - **Part III:** Institutional Action/Conduct Violation

We recommend that you turn the signed letter in today, but you can also turn it in at the Pre-Health Professions Office as late as February 27, 2015. PHPAC participants who do not have
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waivers in file by February 27, 2015 can be discontinued from this cycle of the PHPAC with a one-week notice.

To Waive or Not to Waive?  
Applicants must select all confidential or all non-confidential letters. There can be no combination. Many schools indicate that confidential letters are preferred; however, you cannot be required to choose confidential letters. It is your choice.

Conduct Violations  
If you give us permission, we review your files in your College and the Dean of Student’s Office for instances of conduct violations, at least in part, to see if we can help you if violations do exist. While we can make no promises about the effectiveness of our advocacy or even if the Committee will decide to advocate for an applicant in this instance (e.g., the Committee generally declines to write a Committee letter for an applicant who is currently not in good standing with the university while participating in the Committee process, etc.), we have contacted medical schools before on students’ to explain why a specific misconduct should not keep a student out of medical school. At other times we explain the context of the misconduct. Some health professional schools will ask to check your files regardless of whether you give us permission or not. If you do not give us permission, we will not look into your files, but will note in the Committee letter that we were not granted permission to inspect your files.

If any of the non-academic violations resulted in any type of probation or suspension, we typically request that this applicant meet with a representative of the Pre-Health Professions Advisory Committee to discuss this incident(s). We also typically request all applicants who have an instance of academic institutional action on their record to meet with a representative of the Pre-Health Professions Advisory Committee to discuss this incident(s).

The 2014 AMCAS Policy on Institutional Action reads as follows:  
You must answer Yes to this question if you were ever the recipient of any institutional action resulting from unacceptable academic performance or a conduct violation, even if such action did not interrupt your enrollment or require you to withdraw. You must answer Yes even if the action does not appear on or has been deleted from your official transcripts due to institutional policy or personal petition.

If you answer Yes, you may use the space provided to explain; your response may be up to 1325 characters or approximately one-quarter of a page in length.

Failure to provide accurate information in answering this question or, if applicable, in completing the form provided by the school, will result in an investigation. Medical schools require you to answer this question accurately and provide all relevant information. Medical schools understand that many individuals learn from the past and emerge stronger as a result. Full disclosure will enable the medical schools to more effectively evaluate this information within the context of your credentials.

Applicants who become the subject of an institutional action after certifying and submitting the
AMCAS application **must** inform their designated medical school(s) within 10 business days of the date of the occurrence.

Source: [https://www.aamc.org/students/download/182162/data/amcas_instruction_manual.pdf](https://www.aamc.org/students/download/182162/data/amcas_instruction_manual.pdf)

8. **This Year or Next Year?**
You can apply through the Pre-Health Professions Advisory Committee only once: Once you have submitted your primary application and released your letters of evaluation, you have gone through the Pre-Health Professions Advisory Committee process and cannot participate in a subsequent Committee cycle.
- One’s first application to health professional school, all things being equal, is one’s strongest application.
- Some health professional schools “limit” the times that a candidate can apply.
- It has been our experience that 1/3 or more of all those who register for a given Pre-Health Professions Advisory Committee cycle withdraw from that Committee cycle.
- Plans for additional opportunities for the 2015-2016 AY and beyond should be underway at this point should one eventually decide to decide to postpone or otherwise modify plans for application to health professional school.

**Withdrawing from Committee:**
- a. Last day to withdraw from this cycle of the Pre-Health Professions Advisory Committee with “No Questions Asked” is May 8, 2015.
- b. Last Day to withdraw from this cycle of the Pre-Health Professions Advisory Committee with valid reason (as determined by representatives of the Pre-Health Professions Advisory Committee) is the last Friday in August 2015.
- c. Remember, once you have you have submitted your primary application and released your letters of evaluation, you have gone through the Pre-Health Professions Advisory Committee process and cannot participate in a subsequent Committee cycle nor could you withdraw from the Committee process.

9. **Availability of Committee Advisors**
Please notify us if your Committee Advisor is not accessible after multiple attempts to contact. Under almost all other circumstances you will be required to work with your assigned Committee Advisor.

10. **Supplemental Information Only**
The information presented in this workshop is **Supplemental** to Pre-Health Professions Advisory Committee information available on the Pre-Health Website, other Committee workshops, and communications from the Pre-Health Office (e.g., email, etc.). Committee participants are responsible for all such information.

11. **Assignments**
Please make sure you have swiped your student ID at the kiosk. Doing so will verify you have attended a Match Day Meeting and you will be able to begin meeting with your Advisor.

Enjoy the experience and make the most of it!