COURSE NUMBER: GNUR 325

COURSE TITLE: Introduction to Spiritual Care

FACULTY: P. Ann Solari-Twadell PhD, MPA, FAAN
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PRE-REQUISITES: None

CREDIT One

DESCRIPTION: Spiritual Care is essential to providing quality nursing care. This course is focused on the nurse as integral to the provision of whole person care. Historical, theoretical and practical perspectives of providing spiritual care are discussed as well as the nursing process, cultural considerations, therapeutic use of self, and most frequently used nursing interventions related to spiritual care.

COURSE OUTCOMES:

Upon completion of this course the student will be able to:

1. Discuss the professional mandates for spiritual care.

2. Understand the requirement for the development of personal spiritual self-awareness in caring for spiritual care of the patient, family and colleagues.

3. Review the most frequently used nursing diagnosis, nursing interventions and nursing outcomes in providing spiritual care.

4. Develop comfort in using prayer as a nursing intervention.

5. Discuss grief and the relationship to spiritual care.
REQUIRED TEXT


Additional Readings:


Additional Resources:


Transformative Education in the Jesuit Tradition:


Loyola University Writing Center

[http://www.luc.edu/writing/](http://www.luc.edu/writing/)
COURSE OUTLINE

Wednesday, January 15, 2014

Invocation

Course Overview

Evaluation

Prayer partners

Spirituality vs Religiosity

Definitions of Spirituality and Religiosity: Taylor Text Pages 3-55


Wednesday, January 22, 2014

Read pages 201-261 Taylor Text and “Learning to Pray”

Solari-Twadell & McDermott: Pages 155 -167

Invocation

Culture Religion Presentation

Prayer

Wednesday, January 29, 2014

Read: pages 58-102, Taylor Text and “The Pinwheel Model of Bereavement”

Read: Pinwheel Model of Bereavement
Invocation
Culture Religion Presentation
Suffering, Grief and Spiritual Care

Wednesday, February 5, 2014
Read pages 103-177, Taylor Text
Invocation
Culture Religion Presentation

Wednesday, February 12, 2014
Read pages 179-225, Taylor Text
Invocation
Development of Spiritual Awareness
Collaboration with other Professionals in Providing Spiritual Care
Culture Religion Presentation

Wednesday, February 19, 2014
Read pages 228-289, Taylor text
Read: “Approaches to Spirituality in the Second Half of Life”
Invocation
Culture Religion Presentation

Case Study Due

Wednesday, February 26, 2014
Read: Solari-Twadell and McDermott Pages 315-326
Invocation

Culture Religion Presentation

Spiritual Leadership

EVALUATION

Invocation 15 points
Presentation on Spiritual Care within Culture 30 points
Case Study Exercise 30 points
Topic Conference - Spiritual Assessment 25 points
Intention: Remember those who were killed most recently in the Tucson, Arizona Shootings and more broadly all victims of violence.

Reflection: Whether we are interested or not it seems that every day brings another act of violence that leaves its mark. Two Saturdays ago on what most people would consider a casual Saturday morning a Judge went about this normal ritual of going to Mass, afterwards he decided he would stop and see a friend. He did. He died. A little girl interested in learning more about politics went with a friend to hear a woman who was a politician speak. She died. An older couple interested in hearing what this political leader had to say decided to go to the Plaza where she was speaking in front of the Safeway grocery store. They did. He died protecting his wife. An aide to the Congress woman was just doing his job. He went with his boss often to support her in engaging her constituents in the issues of the day and keep them informed. He was doing his job. He died. So isn’t it right to take some time and think about those people and I could have named more who started there day assuming it would be like many other Saturdays. They did not anticipate violence. But violence came uninvited, as violence does.

Where do I experience violence in my own life? Maybe not to the extent of the incidence in Tucson, but still disruptive of my personal peace and serenity – it lurks every day waiting for me to overextend myself. I remember the words of Thomas Merton “to allow one’s self to be carried away by a multitude of conflicting concerns, to surrender to too many demands, to commit one’s self to too many projects, to want to help everyone in everything is to succumb to violence. Frenzy destroys our inner capacity for peace. It destroys the fruitfulness of our work, because it kills the root of inner wisdom which makes work fruitful”.

Prayer

Dear Lord, be with us. Help us to guard our own sense of peace and serenity. We ask that you watch over us as we make our way through our days trying to serve another. Guard us from all violence and keep us in the palm of your hand.
Intention:

Reflection:

Prayer:
### Invocation SignUp

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### Sign Up for Topic Conference – Spiritual Assessment

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### Spiritual Care within Culture Presentation

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- Suggested Choices: Native American, Judaism, Islam, Hinduism, Buddhism, Jehovah’s Witness, Christian, Mennonite, Amish….}
Invocation

1. Locate a conducive environment by finding a quiet place where you can clear your mind of the many thoughts that preoccupy thinking.
2. Try and relax your body while clearing your mind through taking some deep breaths.
3. Allow time to examine the feelings that unfold within you in regard to the topic for reflection and prayer.
4. Journal/write about the resulting thoughts and feelings that you are experiencing using the disseminated format.

Presentation – Spiritual Care within Culture and Religion

The presentation should be fifteen to twenty minutes in length with time for questions and discussion. Role playing and other interaction is suggested to demonstrate spiritual care within the culture and or religion being presented. Powerpoint is discouraged. Handouts encouraged.

Case Study Exercise

Identify a patient/client that you have or are taking care of presently. Describe the demographics (no name), diagnosis, course of treatment, complications that are important to the case. Provide an example of a client that could be in spiritual distress. Provide a verbatim of the dialogue between you and the patient, responding to the incident of spiritual distress.

Topic Conference – Spiritual Assessment

Presentation should be approximately twenty minutes with some time for discussion and questions. Present pertinent information related to the topic chosen for presentation. Again, interaction and discussion as well as handouts are encouraged. Powerpoint discouraged.

Adapted from: Discerning Our Calling: guidelines for Reflection and Discussion. John P. Neafsey MPS, PsyD. Project EVOKE, Loyola University Chicago