Course Title and Number: Mental Health Patterns 272

Credit Hours: 3 Credits

Meeting Schedule: 2 Sections: Mondays & Friday 8:15am-9:30 Mundelein 307 LSC
Mondays & Friday 10:25am-11:40 Cuneo 002 LSC

Faculty: Dr. S. Butler, PhD; Course Director

Faculty Contact Information: Office-BVM Hall (906)
Office Number 773-508-2911
Email- sbutler@luc.edu

Prerequisites: GNUR 238, 293
Corequisites: GNUR 294

Course Description:
This course is designed to prepare students to assist individual, families and communities to achieve and maintain optimal mental health. An epidemiologic model is used to help students understand nursing care of families and individuals experiencing mental disorders across the life cycle in a variety of settings.

Course Outcomes:
Upon completion of this course the student will be able to:

1. Discuss the epidemiological model and apply concepts to selected mental disorders and/or psychological problems.

2. Understand culturally competent, evidenced based psychiatric mental health nursing care in a variety of settings.

3. Explore quality and safety issues related to the care of individuals with mental disorders and/or psychological problems.

4. Discuss the effects of health policy, genomics, culture, values, ethics, spirituality, economics, legal,
and social factors on the health of communities, families, and individuals with mental disorders and/or psychological problems.

5. Understand therapeutic communication techniques with families and individuals who have mental disorders and/or psychological problems.

6. Examine the mental health disparities in health care.

7. Discuss information technology and information management in psychiatric mental health nursing care.

8. Understand the mental health care delivery system and its impact on families and individuals with mental disorders and/or psychological problems.

9. Discuss common psychiatric treatment modalities.

**Teaching Methods:** Case studies, role playing, videos, lecture, classroom discussion

**Evaluation Methods:** Paper and pencil examinations, quizzes, teaching/learning project paper, case studies, and reaction papers

- Midterm 30%
- Final 30%
- Quizzes 20%
- Paper 15%
- Kaplan 5%

**Grading Scale:**

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<th>Grade</th>
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<td>94-100</td>
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**Additional journal articles will be placed on SAKAI.**
**Course Evaluation Expectation:** It is a professional expectation that all students participate in course evaluations to guide ongoing program improvement.

**Academic Integrity Statement:** Academic honesty is an expression of an ethic of interpersonal justice, responsibility and care applicable to Loyola University faculty, students and staff, which demands that the pursuit of knowledge in the university community be carried out with sincerity and integrity.

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