<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings</th>
<th>Assignments Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 25</td>
<td>Introduction to Practicum</td>
<td>Article from NASP’s <em>Communique</em>, (36)5 found on Sakai</td>
<td></td>
</tr>
<tr>
<td>Sept. 1</td>
<td>Handbook &amp; Logs</td>
<td></td>
<td>Prepare questions related to logs,</td>
</tr>
<tr>
<td>Sept. 8</td>
<td>Establishing Effective Helping Relationships</td>
<td><strong>Best Practices 39:</strong> <em>Best Practices in Establishing Helping Relationships</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Best Practices 21:</strong> <em>Best Practices in Clinical Interviewing Parents, Teachers and Students</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Items posted on Sakai including Power Points: RIOT, Record Review</td>
<td></td>
</tr>
<tr>
<td>Sept. 29</td>
<td>Mental Health in the Schools: Groups and Individual Counseling</td>
<td><strong>Best Practices 11:</strong> <em>Best Practices in Population-Based School Mental Health</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Best Practices 20:</strong> <em>Solution-Focused, Student-Driven Interviews</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Best Practices 21:</strong> <em>Best Practices in Group Counseling</em></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Selections from the Group Counseling book</em></td>
<td></td>
</tr>
<tr>
<td>Oct. 6</td>
<td>Class Will Not Meet Fall Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oct. 13</td>
<td>Mental Health in the Schools: Groups and Individual Counseling</td>
<td>Readings posted on Sakai</td>
<td></td>
</tr>
<tr>
<td>Oct. 20</td>
<td>Group</td>
<td>Participation and Facilitation</td>
<td></td>
</tr>
<tr>
<td>Oct. 27</td>
<td>Bilingual and Bi-Cultural Assessment</td>
<td><strong>Best Practices 6:</strong> <em>Best Practices in the Assessment of English Language Learners</em></td>
<td></td>
</tr>
<tr>
<td>Nov. 3</td>
<td>Mandated Reporting</td>
<td>Reading posted on Sakai</td>
<td></td>
</tr>
<tr>
<td>Nov. 10</td>
<td>Group</td>
<td>Participation and Facilitation</td>
<td>Interview Assignment</td>
</tr>
<tr>
<td>Nov. 17</td>
<td>Presenting at IEPs</td>
<td>Readings posted on Sakai</td>
<td></td>
</tr>
<tr>
<td>Nov. 24</td>
<td>Group</td>
<td>Participation/Facilitation and Consultation</td>
<td></td>
</tr>
<tr>
<td>Dec. 1</td>
<td>Internship Discussion</td>
<td>Items posted on Sakai</td>
<td>Alternate Visit</td>
</tr>
<tr>
<td>Dec. 8</td>
<td>Interview Demonstration</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Date</td>
<td>Topic</td>
<td>Readings</td>
<td>Assignments Due</td>
</tr>
<tr>
<td>---------</td>
<td>------------------------------------------------</td>
<td>--------------------------------------------------------------------------</td>
<td>------------------------------------------------------</td>
</tr>
<tr>
<td>Jan. 19</td>
<td>Second Semester Overview</td>
<td>Material Posted on Sakai</td>
<td></td>
</tr>
<tr>
<td>Jan. 26</td>
<td>Internship/Adv Practicum Seeking Plan</td>
<td>Material Posted on Sakai</td>
<td></td>
</tr>
<tr>
<td>Feb. 3</td>
<td>ISPA Reflection</td>
<td>Reflections on Workshops and Placement Center at ISPA Convention</td>
<td></td>
</tr>
<tr>
<td>Feb. 10</td>
<td>No Class</td>
<td></td>
<td>NASP</td>
</tr>
<tr>
<td>Feb. 17</td>
<td>NASP Reflection</td>
<td>Reflections on Workshops and Presentations at NASP Convention</td>
<td></td>
</tr>
<tr>
<td>Feb. 24</td>
<td>Group/Individual Counseling</td>
<td></td>
<td>Consultation</td>
</tr>
<tr>
<td>Mar. 3</td>
<td>Spring Break – No Class</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mar. 10</td>
<td>Group/Individual Counseling</td>
<td></td>
<td>Consultation</td>
</tr>
<tr>
<td>Mar. 17</td>
<td>PREPaRE WS1</td>
<td><strong>Best Practices</strong> 15: <em>Best Practices in School Crisis Intervention</em></td>
<td></td>
</tr>
<tr>
<td>Mar. 24</td>
<td>PREPaRE WS1</td>
<td><strong>Best Practices</strong> 19: <em>Best Practices in Suicide Prevention and Intervention</em></td>
<td></td>
</tr>
<tr>
<td>Mar. 31</td>
<td>No Class</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apr. 7</td>
<td>Evidence Informed Practice</td>
<td>Material Posted on Sakai</td>
<td>PREPaRE WS1 Reflection</td>
</tr>
<tr>
<td>Apr. 21</td>
<td>Ethical Dilemmas</td>
<td></td>
<td>Material Posted on Sakai</td>
</tr>
<tr>
<td>Apr. 28</td>
<td>Closure/Wrap Up</td>
<td></td>
<td></td>
</tr>
<tr>
<td>June 10</td>
<td>No Class</td>
<td></td>
<td>Final Reflection, Stored Excel Log to Dr. Golomb &amp; Evaluation by Supervisor</td>
</tr>
</tbody>
</table>
# REQUIRED ACTIVITIES AND ASSIGNMENTS

<table>
<thead>
<tr>
<th>Due date</th>
<th>Assignment</th>
<th>Where to turn in</th>
</tr>
</thead>
<tbody>
<tr>
<td>1\textsuperscript{st} of every month</td>
<td>Log and reflection</td>
<td>Assignments in Sakai</td>
</tr>
<tr>
<td>Weekly</td>
<td>Individual/Group Counseling Progress Notes</td>
<td>Email to Monitor</td>
</tr>
<tr>
<td>Sept. 15</td>
<td>Contract</td>
<td>Class</td>
</tr>
<tr>
<td>Sept. 15</td>
<td>Goals</td>
<td>Class</td>
</tr>
<tr>
<td>Sept. 22</td>
<td>Sequential Observation</td>
<td>Class</td>
</tr>
<tr>
<td>Nov. 17</td>
<td>Interview Assignment</td>
<td>Class</td>
</tr>
<tr>
<td>Dec. 1</td>
<td>Alternate Visit</td>
<td>Live Text</td>
</tr>
<tr>
<td>March 24</td>
<td>PREPaRE WS1 Reflection</td>
<td>LiveText through Sakai</td>
</tr>
<tr>
<td>Two weeks following IEP report out</td>
<td>Full and Individual Evaluation #1</td>
<td>Sakai</td>
</tr>
<tr>
<td>Two weeks following IEP report out</td>
<td>Full and Individual Evaluation #2</td>
<td>LiveText through Sakai</td>
</tr>
<tr>
<td>Two weeks following last session</td>
<td>Group Counseling: All Parts</td>
<td>LiveText through Sakai</td>
</tr>
<tr>
<td>Two weeks following last session</td>
<td>Individual Counseling: All Parts</td>
<td>LiveText through Sakai</td>
</tr>
<tr>
<td>June 10</td>
<td>Supervisor Evaluation</td>
<td>LiveText</td>
</tr>
<tr>
<td>June 17</td>
<td>Final Reflection</td>
<td>Assignments in Sakai</td>
</tr>
<tr>
<td>June 17</td>
<td>Thumb drive or CD with logs</td>
<td>Dr. Pesce’s mailbox</td>
</tr>
</tbody>
</table>
## SCORING RUBRIC

<table>
<thead>
<tr>
<th>Assign.</th>
<th>Total Points</th>
<th>A 100-95%</th>
<th>A- 94-90%</th>
<th>B+ 89-85%</th>
<th>B 84-79%</th>
<th>B- 78-70%</th>
<th>C or below 69% assignments and/or below satisfactory rating by supervisor</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTERVIEW SCHOOL PSYCH.</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ALTERNATE VISIT</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>GOALS</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>LOGS</td>
<td>100</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SEQUENTIAL OBSERVATION</td>
<td>75</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>GROUP COUNSELING</td>
<td>120</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>INDIVIDUAL COUNSELING</td>
<td>120</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 FULL AND INDIVIDUAL EVALUATIONS TRADITIONAL, INITIAL, REEVALUATION OR PROBLEM SOLVING</td>
<td>175 EACH</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>PREPaRE WSI REFLECTION</td>
<td>50</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>END of YEAR REFLECTION/LESSONS LEARNED</td>
<td>50</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SUPERVISOR EVALUATION</td>
<td>500</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
CIEP 461/463
Practicum in School Psychology
2015-2016 School Year

Professor: Rosario C. Pesce, Ph.D. (rpesce@luc.edu or vppsycho@aol.com)
312-316-3754, Office: LT 1149, Hours by appt.
Grad Asst.: Jessie Montes de Oca (jmontesdeoca@luc.edu)

Time/Location: Tuesdays, 10AM-12:30PM/Corboy Law Center 321

General Information

As noted in the school psychology handbooks, the school psychology practicum is taken during the second year of the program. It takes place during the fall and spring semesters.

Final Approval to take CIEP 461/463 – Fall 2015

A Master’s Degree
100 hours of School Based Service: 75 service learning/25 other school related activities
Master’s Portfolio successfully completed
And the following courses:

CIEP 419: Data-Based Decision-Making (currently CIEP 466)
CIEP 462: Seminar in Professional School Psychology
CIEP 477: Academic Assessments & Interventions
ELPS 432: School Psychology and Social Justice
CPSY 423: Theories of Counseling & Psychotherapy
CIEP 480: Assessment of School Age Children and Adults
CIEP 410: Legal Issues: Educational Disabilities
CIEP 482: Prevention, Assessment, & Intervention: Behavior
CIEP 481: Assessment of Infants & Preschool Age Children
CIEP 466: Developmental Cognition
RMTD 400: Research Methods
CIEP 413: Psychopathology and Introduction to School Based Mental Health
Dispositional Assessment

If a candidate does not pass the Master’s Portfolio after the first reading of the portfolio, then the candidate may remain onsite on probationary basis until September 30th when the final decision about the rewritten portfolio is made. If the candidate fails the second writing of the portfolio, then the candidate will be removed from the practicum site. See the student handbook for the Portfolio remediation process.

Courses taken concurrently with CIEP 461/463 Practicum

Fall Semester: CIEP 485: Prevention, Assessment, & Intervention: Social Emotional
CPSY 433: Multi-Cultural Counseling
Spring Semester: CIEP: 479 School Based Consultation
CIEP: 544 Prevention, Assessment, & Intervention: Advanced Skills

Students are assigned to practicum sites that have been established in cooperation with the department and the school psychology program faculty. These sites have been carefully selected because of the high quality of the mentoring relationship between the practicum student and the site-based certified school psychologist(s); the diversity of roles available for practice; and the opportunities to serve the needs of students from underrepresented groups.

- It should be noted that if a student wishes to pursue a practicum experience in a specific setting, the practicum instructor must be contacted before March 1 prior to the year of the practicum to ensure that there is adequate time for a site review.

- Students must complete the practicum in a setting outside of their regular employment setting to provide for a carefully orchestrated balance of pre-professional experiences related to assessment, consultation, counseling, prevention and intervention. Efforts are made to place students in settings that are dissimilar from their previous experiences. Student preferences for practicum site placement assignments and scheduled days of service will be honored as much as possible.

Days Required
- Each student will be assigned to a practicum site for two full school days per week for the district’s school year. A minimum of 64 days (full time equivalent) must be documented in the student log by the end of the second semester. Additionally, students must maintain documentation of a minimum of 70 practicum site days by the end of the district school year. A total of 600 hours must be completed in practicum activities outside of the classroom.
- **Attendance at classes held on campus is required.**
- Practicum candidates work the supervising school psychologist’s school day, not the students’ school day.

Practicum Goals
The school psychology practicum is designed to provide the student with a range of assessment, intervention, prevention, counseling and collaborative consultation experiences that will give an overall framework for relating specialized skills and interests to the rapidly changing field of school psychology.

The first semester of practicum will focus on gaining an understanding of school based mental health service delivery systems and will provide an orientation and experiences in basic group counseling skills. In addition, students will be required to participate in various activities related to individual case study evaluations that will build the skills needed to complete a school based psychological assessment from both traditional psychometric and problem solving practice perspectives. Resources for developing and evaluating research based and effective interventions will be explored.

Second semester of practicum will focus on continuing to develop skills in individual counseling and group counseling. Students will have the opportunity to complete required assignments from
other classes at their sites during the second semester. During the second semester there are fewer assignments required for this course but more opportunities for students to become involved in other activities at their sites not necessarily dictated by this class. Students can discuss these activities in class and seek consultation in class as necessary.

The activities that will be engaged in during the practicum are based upon the following ten NASP Professional Standards:

**Standard 1: Data-Based Decision Making and Accountability**
School psychologists have knowledge of varied methods of assessment and data-collection methods for identifying strengths and needs, developing effective services and programs, and measuring progress and outcomes.

**Standard 2: Consultation and Collaboration**
School psychologists have knowledge of varied methods of consultation, collaboration, and communication applicable to individuals, families, groups, and systems used to promote effective implementation of services.

**Standard 3: Interventions and Instructional Support to Develop Academic Skills**
School psychologists have knowledge of biological, cultural, and social influences on academic skills; human learning, cognitive, and developmental processes; and evidence-based curriculum and instructional strategies.

**Standard 4: Interventions and Mental Health Services to Develop Social and Life Skills**
School psychologists have knowledge of biological, cultural, developmental, and social influences on behavior and mental health; behavioral and emotional impacts on learning and life skills; and evidenced-based supported strategies to promote social–emotional functioning and mental health.

**Standard 5: School-Wide Practices to Promote Learning**
School psychologists have knowledge of school and systems structure, organization, and theory; general and special education; and empirically supported school practices that promote academic outcomes, learning, social development, and mental health.

**Standard 6: Preventive and Responsive Services**
School psychologists have knowledge of principles and research related to resilience and risk factors in learning and mental health, services in schools and communities to support multi-tiered prevention, and empirically supported strategies for effective crisis response.

**Standard 7: Family-School Collaboration Services**
School psychologists have knowledge of principles and research related to family systems, strengths, needs, and culture; empirically supported strategies to support family influences on children’s learning, socialization, and mental health; and methods to develop collaboration between families and schools.
Standard 8: Development and Learning
School psychologists have knowledge of individual differences, abilities, disabilities, and other diverse characteristics; principles and research related to diversity factors for children, families, and schools, including factors related to culture, context, individual, and role differences; and empirically supported strategies to enhance services and address potential influences related to diversity.

Standard 9: Research and Program Evaluation
School psychologists have knowledge of research design, statistics, measurement, varied data-collection and analysis techniques, and program evaluation methods sufficient for understanding research and interpreting data in applied settings.

Standard 10: Legal, Ethical, and Professional Practice
School psychologists have knowledge of the history and foundations of school psychology; multiple service models and methods; ethical, legal, and professional standards; and other factors related to professional identity and effective practice as school psychologists.

During practicum, students will be exposed to school settings and/or cooperatives which will give them an opportunity to observe school psychologists, to gather information about school systems, and to understand interrelationships between (among) the districts (i.e., potential employers and the systems in which they may eventually work as school psychologists) and the professional practice of school psychology within the public schools in the State of Illinois. Practicum assignments are designed to:

A. Enhance a student’s understanding of professional ethics and the law (NASP Standards 1, 2, & 10)
B. Enhance a student’s understanding of how to integrate assessment with educational interventions (NASP Standards 1, 2, 3, 4, & 8)
C. Enhance a student’s understanding of the structure of schools and how school psychologists fit into that structure (NASP Standard 6)
D. Enhance a student’s understanding of the scope of school-based mental health services (including system level prevention/intervention programs) and the availability of community resources and interagency collaboration (NASP Standards 4, 6, 7, & 9)
E. Enhance a student’s understanding and supervised practice of individual and group counseling skills (NASP Standards 4 & 5).

Communication

Working with your supervisor: The opportunity to form a mentor-mentee relationship with your site-based supervisor is perhaps one of the most important components of your practicum. There are several things you can do to get the best value out of this experience.

- Be reliable: That is, be present consistently and on time. Do what you have promised and complete it before it is needed. Be careful! Administer and score all standard instruments in accordance with the directions.
- Be objective about your skills. If you don’t know how to do something you are asked to do, be truthful and ask for direction in improving your skills. If you have
particular skills that would be useful, don’t keep them a secret. Make yourself open to supervision. Be sure you understand how your supervisor chooses to make himself/herself available to you and ASK if you are unsure about what is expected of you.

- **Be useful.** Look for opportunities to take on tasks within your skill range. Find a teacher or teachers who welcome you to observe whenever you have free time or need to be out of the way of your supervisor.
- **Be congenial.** You will be helpful to your supervisor to the extent that you can relate effectively to the children and adults in your practicum setting.
- **Comply with the school district’s routines and procedures.** Wear any identification you are asked to wear, sign in and out of buildings as required, enter and leave by approved entrances, cooperate with fire drills, etc.
- **Be sensitive** to the culture, ethnicity, race, gender, age, and life style of those individuals with whom you work.

Finally, if you encounter difficulty in working with your supervisor, the first person to discuss this with is your supervisor. If that doesn’t resolve the problem, talk to your Loyola practicum supervisor. *It is not appropriate to discuss such matters with friends and/or classmates.*

It should be noted that the school psychology practicum usually works well if you carefully attend to the following issues. A course requirement is that you spend two regularly scheduled days per week at your practicum site. There may be times when you can spend even more days per week at your site. This may not be a school district where you are employed in any other capacity. The particular days of the week are to be collaboratively determined by you and your site-based supervisor. Some of the work you have to (or wish to) accomplish will need to be done beyond your regularly scheduled days. You will need to manage your own personal schedules accordingly. You also need to schedule your winter and spring breaks around the district’s breaks and not Loyola’s calendar.

**Email Information:**

*You must have a Loyola e-mail account.* Any announcements such as schedule changes, etc. will be made through your university e-mail account recorded on Sakai when you register for the class.

You might want to forward your Loyola account to your home account so that your Loyola email is rerouted. Remember, every time you switch e-mail providers while at Loyola, you must re-route your e-mail to your new address. You may use the Personal Account Manager on the website to re-route your email to your personal account. E-mail re-routing takes an hour to begin. Remember that re-routing only works on new messages; check your Loyola e-mail account for messages received before you re-routed.

**Consultation with the Instructor**

The best way to contact your instructor is by e-mail:

**Dr. Rosario Pesce** rpesce@luc.edu or vpppsych@aol.com
**Textbooks**

**Required Texts**
These texts will be useful for your professional library and we encourage you to purchase these books since you will find them excellent resources for this year and the future.


**Recommended Online Training**
TF-CBT Online Training: Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) Web online training program in TF-CBT at [http://tfcbt.musc.edu](http://tfcbt.musc.edu) This training will be a requirement for CIEP 544 in the Spring semester. Taking it might prove useful to students during the earlier part of practicum.

**Recommended Texts:**


**Other Recommended Texts:**


**Internet-Based Courses:**
- Using TF-CBT With Childhood Traumatic Grief  
  [http://ctg.musc.edu/?s=gkn05r6svlspmce9lu715drnq0](http://ctg.musc.edu/?s=gkn05r6svlspmce9lu715drnq0)  
  (must have completed TF-CBT course first in order to take this one)
- Psychological First Aid  [http://www.nctsn.org/content/psychological-first-aid](http://www.nctsn.org/content/psychological-first-aid)

**Internet-Based Resources:**
- PBIS: [www.pbis.org](http://www.pbis.org)
- Intervention Central: [www.interventioncentral.org](http://www.interventioncentral.org)
- IL Children’s Mental Health Partnership: [www.icmhp.org](http://www.icmhp.org)
- UCLA School Mental Health Site: [http://smhp.psych.ucla.edu](http://smhp.psych.ucla.edu)
- ISBE: [www.isbe.net](http://www.isbe.net)
- ISPA: [www.ilispa.org](http://www.ilispa.org)
- NASP: [www.nasponline.org](http://www.nasponline.org)

**Finding Evidence Based Programs Clearinghouses**
- The Cochran Collaboration ([http://www.cochrane.org](http://www.cochrane.org))
- The National Registry of Evidence-Based Programs and Practices compiled by the Substance Abuse and Mental Health Services Administration ([www.nrepp.samhsa.gov](http://www.nrepp.samhsa.gov))

**Other Internet Based Resources**
- [http://www.colorado.edu/cspv/blueprints/](http://www.colorado.edu/cspv/blueprints/)
  This Web site overviews the Blueprints for Violence Prevention project, which has identified prevention and intervention programs that meet a strict scientific standard of program effectiveness and have been shown to reduce or eliminate problem behaviors such as delinquency, aggression, violence, substance abuse, and school behavioral problems. Program effectiveness is based upon an initial review by
CSPV and a final review and recommendation from an advisory board. Programs selected are based on “evidence of deterrent effect with a strong research design, sustained effect, and multiple-site replication” and programs are determined to be “promising” or “model.”

- [http://www.findyouthinfo.org](http://www.findyouthinfo.org)
  The Helping America’s Youth Program tool, the result of a collaboration among several federal agencies (e.g., the U.S. Depts. of Education, Health & Human Services, and Justice) features evidence-based programs that prevent and reduce delinquency or other problem behaviors (i.e., drug and alcohol use). Level 1 rating is given to programs with more rigorous research designs (i.e., experimental with random assignment) and evidence of behavioral decreases or changes in risk or protective factors; Level 2 programs have demonstrated change to youth behavior or risk and protective factors using quasi-experimental design and a comparison group; and Level 3 programs have a strong theoretical base but limited research methods.

- [http://www.dsgonline.com/mpg_non_flash/mpg_index2.htm](http://www.dsgonline.com/mpg_non_flash/mpg_index2.htm) and [http://dsgonline.com/mpg2.5/mpg_index.htm](http://dsgonline.com/mpg2.5/mpg_index.htm)
  The OJJDP Model Programs Guide site provides a searchable database of scientifically tested and proven programs that address a range of issues across the juvenile justice spectrum. The guide provides more than 175 prevention and intervention programs and helps communities identify those that best suit their needs. Users can search the guide’s database by program category, target population, risk and protective factors, effectiveness rating, and other parameters. Using four summary dimensions of program effectiveness (conceptual framework, program fidelity, evaluation design, and empirical evidence demonstrating positive impact on behavior), programs are rated as “promising,” “effective,” or “exemplary.”

- [http://www.promisingpractices.net/](http://www.promisingpractices.net/)
  This network, comprised of a partnership between the Rand Corporation and several state-level intermediary organizations, is dedicated to providing quality evidence-based information regarding programs to help the lives and outcomes of children. Programs are rated “proven” or “promising” based on the rigor of the research and the magnitude of the impact of the intervention or outcomes, or “screened” for programs that have not been reviewed by PPN staff, but have been shown to be effective by one or more credible organizations.

  The BPR is divided into three sections. The first lists evidence-based programs that have “demonstrated successful outcomes (generally, reductions in suicidal behavior) and have well-designed research studies” based on the NREPP and the SPRC/American Suicide Foundation Evidence-Based Practices Project. The second section lists expert and consensus statements that “summarize the best knowledge in suicide prevention in the form of guidelines and protocols.” The third section lists programs that have been reviewed and determined to adhere to standards and recommendations in the field. Note that this is not a comprehensive inventory of all suicide prevention initiatives.
Evaluation Procedures

Grading: In order to be considered for each of the following grades, students must meet the following criteria:

A: In order to earn an A, the student must participate in all required whole class activities (this means attendance at all scheduled class meetings and other required meetings), reliably participate in the assigned practicum site activities, and be recommended for a grade of A by the site-based supervisor. The student must successfully all required activities at a level of Mastery or higher.

B+: In order to earn a B+ the student must participate in all required whole class activities (this means attendance at all scheduled class meetings and other required meetings), reliably participate in the assigned practicum site activities, and be recommended for a grade of B+ by the site-based supervisor. The student must successfully complete all required activities at a level of Mastery.

B: In order to earn a B, the student must participate in all required whole class activities, reliably participate in the assigned practicum site activities, and be recommended for at least a grade of B by the site-based supervisor. The student must successfully complete all required activities at a level of Mastery. The successful completion of all required activities alone will result in a grade of B for the semester.

Grades of C, D, or F reflect less than satisfactory performance on one or more of the required components of the course, failure to reliably participate either in the class or the assigned practicum site activities, or the recommendation of your site-based supervisor that you receive a grade lower than B. If you receive a grade lower than a B during either semester you will not be approved for an internship!!

The instructor has the right to override the point totals in borderline situations or extraordinary situations requiring judgment independent of the point system.

Attendance:

On-campus class attendance is required on specified dates. One or more additional required class sessions may be scheduled during the school year for featured speakers and/or other student-requested events. These will be announced in class, on Sakai, and you will be notified of such events via e-mail. Any absences should be communicated in advance with the instructor. Should an absence occur due to a condition at the student’s site, advance communication is required with supervisor copied. You are responsible for obtaining any information missed during your absence.

Assignments:

Each semester, several assignments will be required that will integrate theory, classroom learning and applied skills. As much as possible, it is a good idea to integrate the requirements into the
daily work of your supervisor or the school in which you will be serving your practicum. All required assignments are due at the date posted on the class meeting schedule. **Any reason for a late assignment should be communicated in advance with the instructor. Should an assignment be late due to a condition at the student’s site, advance communication is required with supervisor copied.**

**Assignment Grading Protocol:**

If assignments are due on a specific date, they are due on that date or earlier. Unexcused late assignments will be reduced by 5%.

**Resubmitting Work:** Some students will find one or two assignments especially challenging. If you would like to rewrite an assignment you may do this one time. The work will only be regarded if the original document and original rubric are handed in with the corrections. You may only have one rewrite on any assignment.

**Activity Logs and Monthly Reflections:**

Students are required to log all of their activities on the Excel log through Sakai for this course. Monthly reflections are to be submitted at the same time as the logs. Both are to be submitted on the first of each month through the Assignments tab on Sakai. To receive monthly credit, both must be submitted on time. A copy of the final log on CD or flash drive is required to document practicum hours for the purpose of internship.

**Participation:**

This course does not utilize quizzes, tests, or final exams. Moreover, as this course depends heavily on discussion and relevant issues from student’s sites, it is important that students be fully engaged in class activities. **Therefore, use of electronic devices, i.e. laptops, cell phones, iPads, etc., during class time is not permitted unless approved by the instructor.**

**Site Visits:**

Dr. Pesce will be scheduling two site visits with you and your supervisor. At these visits you should be prepared to discuss what a typical day is for you during your practicum, special activities you have been involved in, and what else you would like to accomplish during the practicum. Additional site visits will be provided as needed in order to assist any particular student in profiting from the practicum.

**INCOMPLETE GRADE:** All students will be given an incomplete grade at the end of the second semester. The grading for the second semester will occur once the student completes the school year of the site and all required assignments. **This includes the submission of the Final Excel Log in a storage device by Friday, JUNE 12.**
ESSENTIAL AND IMPORTANT OBJECTIVES FOR THIS COURSE

1. Learning to apply course material (to improve thinking, problem solving, and decisions)
2. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
3. Learning to analyze and critically evaluate ideas, arguments, and points of view
4. Acquiring skills in working with others as members of a team
5. Developing skill in expressing oneself orally or in writing

DISPOSITIONS
Each course in the School of Education focuses on one or more professional dispositions. Students are offered opportunities to receive feedback on their dispositional growth in the areas of professionalism, fairness and/or the belief that all students can learn. The specific disposition or dispositions for this course are listed on this syllabus, Appendix A, and the descriptions for the expected behaviors for the disposition(s) can be found on the rubric posted in LiveText for this course.

DIVERSITY
In concert with the mission statement for the School of Education, faculty, academic activities and learning environments will be sensitive and driven by individual, cultural, social and economic diversity awareness and respect. Diversity is addressed in the practicum by presentations and discussions including topics such as nature and content of culture, immigration, gender rights and poverty.

SYLLABUS ADDENDUM LINK FOR MORE INFORMATION ON:

ACADEMIC HONESTY
ACCESSIBILITY
CONCEPTUAL FRAMEWORK
ETHICS REPORTING HOTLINE

www.luc.edu/education/syllabus-addendum/
Internship

Interviews for internships start shortly after the second semester begins in January. You should begin to contact districts as early as possible in the second semester to ensure that you have access to your choice of internships. At the Illinois School Psychologists Association Convention in January there is a job placement center where internship sites interview potential interns, but many districts begin interviewing well before this convention. Students may not accept an internship offer until the date specified by university trainers which is a uniform date across the state of Illinois.

If the candidate wishes to pursue an out of state internship, it is up to the candidate to find the internship and the Illinois deadline does not apply. The out of state internship site must meet the qualifications of the Illinois Internship Manual (available online at the student website, as well as the ISPA website). The candidate must then find a NASP approved university to provide university supervision/seminars. This university may charge a fee for this service. Once the site and supervising university are established, then the candidate must contact the program director for final approval. Loyola requires all interns to register for the CIEP 486 Internship class during fall and spring semesters. Out of state interns must register for these classes. Additionally, the out of state intern must fulfill the Illinois and Loyola internship requirements.

There is a state internship approval form that is completed by the program director when all practicum requirements and internship prerequisites (all classes completed and no incomplete grades) are fulfilled. In addition, the Illinois State Board of Education’s Content Area Examination for School Psychology must have been successfully passed. Because of the structure of the practicum experience, the internship requirements cannot be fulfilled until the beginning of August.

THE FINAL EXCEL SPREADSHEET, COMPLETED THROUGH THE END OF THE PRACTICUM, MUST BE TURNED IN BY THE SECOND FRIDAY IN JUNE TO RECEIVE FINAL APPROVAL FOR THE INTERNSHIP.
Activity: Excel Log and Reflection
Due Dates: Oct. 1, Nov. 1, Dec. 1, Jan. 1, Feb. 1, March 1, April 1, May 1, June 1*
Turn-In Style: Assignments on Sakai

Goal: To develop a sense of the different activities in which school psychologists are involved. This activity also provides you with an orientation to documentation of activities required during internship.

Activity/Products: There are three components to document the successful completion of this activity:

1) You will be required to keep an Excel spreadsheet of your activities and the amount of time you spend on each activity. The time should be reflected in quarter hours (e.g. 15 min. = .25 hours). In addition you will need to maintain a list of assessments completed on the spreadsheet, as well as the number of students you work with from diverse backgrounds. The spreadsheet is available on Sakai. This will be extremely valuable information to you as you seek an internship and are asked what assessment methods you have used and populations with whom you have experience.

You must upload the excel spreadsheet monthly through the Assignments tab in Sakai. You must also upload at the completion of each Loyola semester, and at the completion of your district school year.

2) You are to keep a daily appointment calendar. You are to number the days that you are at your site. Keep log appointments and meetings on your calendar. A day equals 7 hours. If there are factors unique to your site that impacts the number of hours that you may be on site, please notify the instructor. (You do not need to turn this in through the digital drop box and will keep this calendar for your own records.) Conferences and conventions are counted as Practicum attendance days.

3) You will complete a mini-reflection, comparable to the reflection log you will keep during internship. You will turn in a monthly reflection. These reflections will not describe the events but rather your own personal response to the events at your practicum, how these events and your role as a practicum student is forming your professionalism as a school psychologist. You must include in the monthly title the number of days completed at your site up to the end of the month, e.g. September, 10 Days Completed.

For credit the log and reflection must both be turned in on time with each successful submission worth 10pts. 10pts per month=100 for the school year.

*Students beginning work in August and submitting this assignment on October 1st on time will receive 20 pts. Students working into June and submitting this assignment at the end of their time at their site will receive 20 pts.

One of the last items you will be turning in at the end of the course is your final Excel Log in some sort of storage device. This will need to be turned into Dr. Golomb’s mailbox.
Activity: Goals
Due Date: Sept. 15
Turn-In Style: Assignments on Sakai

(NASP Standard 6)

Goal: To collaborate with your supervisor and establish goals and timelines for the full year practicum experience at the end of the first month of practicum.

Activity: With your cooperating school psychologist, complete the following:
1. What are your goals for this practicum experience?
2. Review the required activities for the class and discuss with your supervisor the logistics of how these can be accomplished at your site. Review optional assignments and decide which fit best into your practicum site. You should also consider what unique opportunities for learning exist at your site and how you could best take advantage of them. Your supervisor is a superb source of information for such matters. Take the time to discuss other opportunities which may be unique to your site that would be beneficial as a part of your practicum experience.
3. For each goal, list one or more specific experiences you should have during your practicum experience that will lead you to your goal. In other words, take some time to think about what professional development goals you have for practicum and this specific placement and write down specific activities and experiences that you are planning to seek during this school year.
4. List any pre-requisite skills that are needed for the specific experiences you have identified, but that you don't yet have. This way you can work to acquire these skills before starting the experience.
5. Write a timeline for accomplishing these tasks within each semester. Include the schedule during which you will be at your field site. The goals and timeline must cover the whole academic year. The reason for looking at the whole year is to be able to begin to plot out activities such as when in-services and school holidays fall that may impact your activities, to examine when annual reviews and case studies come due that you may be able to participate in, to schedule ISPA conference attendance and begin looking at experiences that will be helpful to you before you apply for internships in January… etc…

Optional, but a good idea: Write a letter of introduction to send to the faculty explaining your role in the coming year.

Product: A completed goal sheet clearly addressing the five points outlined above that includes:
   - Loyola student's signature, telephone number, and e-mail address
   - Cooperating psychologist’s signature, telephone number, and e-mail address

NOTE: Original Signatures are required to document that the plan has been developed collaboratively with the supervisor.
Activity: Sequential Observations  
Due Date: Sept. 22  
Turn-In Style: Assignments on Sakai

Goal: To learn what schools are like across grade levels.

Activity: Arrange to observe in each grade of your school on a sequential basis. That is, first go to observe in a kindergarten room, then in a first grade, then in a second grade, etc. through all the grades available to you. If you are at a high school, middle school, or junior high you might want to visit two subjects across grade levels (e.g. English and Science). At the high school you should observe in at least six classes. You will also need to observe at least one non-academic class (art, music, PE, industrial arts, home-ec), at any grade level. Then observe in one unstructured setting such as lunch, recess, or in the hall at passing time. Answer the following:

1. How does classroom structure tend to change as students get older?
2. How does independent work tend to change as students get older?
3. How does discipline tend to change as students get older?
4. How does socialization tend to change as students get older?
5. How does homework tend to change as students get older?
6. Describe how the curriculum unfolds over time across grade levels.
7. What did you observe that was different in the non-academic setting?
8. What did you observe in the unstructured setting?
9. As a school psychologist, why do you need to be aware of how expectations change over the years and in different environments?

Product: A description of the grade levels you observed and a written log which details the above nine questions and statements.
Group Counseling Activities Parts One, Two and Three

(NASP Standards 1, 3, 4, 6, 8, 10)

IT IS RECOMMENDED THAT YOU BEGIN THE SESSIONS AS SOON AS IT IS FEASIBLE.

Goal: To facilitate a counseling group.

Activity: This group can be a short-term group that deals with one specific issue (divorce, new student, friendship, social skills training etc.). It is recommended that the focus of group reflect aspects of the Illinois State Board of Education’s social emotional learning standards. The group should meet at least for eight sessions and include at a minimum of four students.

NOTE: The expectation for this assignment is that as a novice, you will be conducting the group with another person. Most often this will be your supervisor, a school social worker, special education classroom teacher, or counselor from an outside agency, etc. You are required to participate in planning and facilitating group activities.

Products: There are three components to this activity

1) Written summary of introductory activities (Part One)
2) Weekly group summary for each group session (Part Two)
3) Final group counseling summary report (Part Three)

All three parts of this assignment are turned in together two weeks following the group’s final session.
Activity: Group Counseling Part One (40 pts)
Date Due: (Before you start group)
Turn-In Style: Assignments on Sakai at the Start of the Experience

Introduction to the Group Counseling Activity: Before the group starts, you will provide a description of each member of the group. This will help you to put the group activity into perspective and will provide you with critical ecological factors to consider in planning activities and evaluating outcomes. Include the following information:

1. Purpose of the group in the overall mental health services delivery model within the school (system context) this would include a documentation of a form of needs assessment that shows how the group activity was chosen.
2. Why each student was selected for this particular group: Describe the group composition and how the members were selected.
3. Each student’s academic and behavioral history (Background information)
   For each student in the group describe:
   - Teacher concerns
   - Behavioral needs
   - Academic functioning
   - Family background
   - Relevant social, medical or developmental factors
   - Any previous data gathered relevant to the group (e.g. discipline referrals, homework completion, classroom sociograms, playground observations…)
4. What you hope each student will learn from the group, or your specific stated outcomes or goals for each student
5. Any specific dynamics you hope to facilitate within the group sessions
6. Define the goal or objective for the group in behavioral and measurable terms. This will be the most important factor in determining group outcomes for the purposes of the final summary of group activities and outcomes.
   - As you are required to present raw and analyzed data (charts, graphs, etc.) and an outcome summary of the progress the students have made in Part Three, make sure to include in Part One any type of measurement tool(s) that you will be using to obtain data.
Activity: Group Counseling Part Two (40 pts)
Date Due: After Each Session
Turn-In Style: Emailed to Monitor

Weekly progress notes: These are to be completed and submitted within four days after each session. Progress notes should be thoughtful. This is the only means other than your input during group supervision for the instructor and teaching assistants to keep up to date on the activities in your group and to provide feedback. The summaries also serve as documentation and as a self-evaluative tool in your skill development in counseling.

1. Keep progress notes using the prescribed template located on the next page after each session, with dates and time, in which you discuss
   a. The goal of the meeting and how it fits into the overall objective of the group
   b. The session structure---what activities were chosen for the session and why
   c. How the students reacted to the activity (note any unusual reactions from a student or students)
   d. Reflect on your reactions to the group’s behavior
   e. What you need to do to enhance the group for the next session
   f. Any follow up conversations about group members with teachers or parents

2. Keep the progress notes in one document so that as each is read by your counseling monitor, he or she is able to refer to previously reviewed weekly notes.
Group Counseling - Progress Notes Template

Practicum Student: ________________________________

Overall Goal of the Group:

Group Members Present: (first names only)

Grade Level: ______
Leader(s): (if you co-lead a group, circle who ran the group for the session)

Date: ________________
Session Number: ______

Goal of the Group Session:

How does this goal relate to the overall goal of the group?

Objective of the Session:

How does the objective of this session relate to the overall goal of the group?

Activity (Session Content) & how it relates to overall goal:

Evaluation of the Session
How the students reacted:

Your reactions to the group interactions:

What you would do differently:

Comment on Effective Affective Skills:

Next Session:
Activity: Group Counseling Part Three (40 pts) with Parts One and Two
Due Date: Two weeks following the final session.
Turn-In Style: Assignments on Sakai, Graded Version on LiveText

End of experience report: Summarize the growth each individual student made in the group. How did you measure this growth? Using behavioral terms and measurements are useful. Think about this as you begin the group. What was the overall goal in behavioral terms, what did the behaviors look like, what did you want the behaviors to look like at the end of the experience? You are required to present raw and analyzed data (charts, graphs, etc.) and an outcome summary of the progress the students have made.

Moreover, include in this part a description of your personal growth in terms of how you dealt with the challenges of group and the setting in which you provided it. How have you grown as a mental health professional as a result of this experience? Reflect on having worked with another person, the co-facilitator, on this assignment. This section should be given considerable thought and attention and should comprise about half of Part Three.
Activity: Job Context of the School Psychologist Interviews
Due Date: Nov. 17
Turn-In Style: Assignments on Sakai

Goal: To investigate the range of role perceptions of school psychologists within a district and to practice your interviewing skills.

Activity: For this assignment, you will need to obtain some basic district information and then interview both your school psychologist practicum supervisor, an administrator, a general education teacher (someone who does not work in special education), and a special education teacher.

Interview Components

Basic District Information obtained from School Psychologist:
1. Name of School District:
2. Persons Interviewed, their titles, and their years of experience:
3. Description of School District:
   Grade Levels Served
   Urban/suburban/rural
   Number of Students
   Number of Teachers
   Number of Psychologists (FTE = full time equivalent: 2 – ½ time = 1 full time)
   Psychologist to student ratio
   Special education populations Served within the district
4. Written Job Description of Psychologist: (attach a copy obtained from the district or cooperative personnel office).
5. Summarize the district written eligibility requirements for LD, ED, ID, and OHI. This information is available in district special education procedures manual available from the special education coordinator or the cooperative.

Sample questions for the school psychologist, administrator, special educator, and general education teacher:
1. What do you see the role of the school psychologist in this district as being?
2. In what types of activities does the school psychologist take part?
3. What is the most important role of the school psychologist in this district?
4. How would you prioritize the responsibilities of the school psychologist?
5. If you could have the school psychologist do anything that is not in the job description what would it be?

Reflective Post-interview Questions: Use these questions to guide your information gathering during the interview, but wait until after completing the interview before formulating your opinions.
1. Compare and contrast the responses from the people you interviewed.
2. How are the psychologist’s, teacher’s and administrator’s perceptions of the school psychology role the same? Different? Why is this?
3. How would these perceptions impact on the psychologist’s job satisfaction?
4. Would this school district offer satisfying employment opportunities for you as a beginning school psychologist? Explain.

5. Would this school district offer enough flexibility for a psychologist to have a full range of work experiences? Explain.

**Product:** A written summary of the information you obtained about the district, your interviews and your reflections on the interview.
Activity: Two Full and Individual Evaluations (Traditional and/or Problem Solving)
Due Dates: Both are due two weeks following the report out at the IEP
Turn in Style: Assignments on Sakai, graded version on LiveText for the second one

(NASP Standards 1, 2, 3, 4, 7, 8, 10)

Goal: To follow two cases through to the point at which decisions are made using the evaluation data. In order to provide you with an opportunity to look at evaluation data from both a traditional psychometric perspective and a problem solving perspective the case study evaluations need to address to BOTH OF THESE specific issues:

1. Student eligibility for special education services clearly identifying the district’s criteria for eligibility. The administration of standardized tests need to be part of these evaluations if appropriate. In order to examine for yourself the potential utility of these measures, you need to be able to administer and interpret these using the district eligibility criteria. Until school districts abandon the use of these measures, it is part of your responsibility to know how to correctly administer and interpret these data gathering measures.

2. Problem solving: Identification of student needs (target behaviors that could be either academic or behavioral in nature) and the development of interventions to address these needs. This will likely require that you do some observations and administer measures that your district may or may not be used to administering. In order to meet this requirement you will need to present target behaviors in behavioral terms (in other words, what is the student doing or not doing as described in an FBA. The target behavior can be academic or behavioral in nature. Identify a replacement behavior. (For example if the referral is academic, describe the student’s reading skill development utilizing CBM or CBE measures and identify targets for intervention and progress monitoring). DO NOT USE ELIGIBILITY STATEMENTS FOR THIS PART OF THE ASSIGNMENT. DO NOT USE SPECIAL EDUCATION SERVICE AS THE INTERVENTION. State specific behaviors and goals that are used in the student’s IEP for this part of the assignment.

Activity: By the end of the first semester of your placement, identify two appropriate case study evaluations with your cooperating psychologist. These may be either initial case studies or re-evaluations. Determine which evaluation activities and instruments you will use for each evaluation with your cooperating school psychologist. (Note: you may or may not be allowed by your district to do all the psychological components and should do only the components for which you are competent.) Your participation must include at least one classroom observation for each case. Your reports should integrate educational implications with the assessment data. You must also participate in the multidisciplinary staff conference and the IEP meeting.

REMEMBER USE PSEUDONYMS AND MISNOMERS FOR NAME, SCHOOL, TEACHER, ETC—DELETE ALL IDENTIFYING INFORMATION (e.g. last name, address, parent’s last name, etc…) ON THE ASSIGNMENT THAT YOU HAND IN TO PROTECT THE STUDENT’S PRIVACY.

Assignment will consist of several sections:

1. The case study evaluation report(s) written in the style and format required by your district. Unless your district is problem solving oriented, this is the
source of basic discussions of psychometric tests administered and student eligibility for special education service.

2. A summary sheet for each evaluation that includes the following information (if the information is addressed in the included district report then indicate that the information is in the report):
   a. Referral Question(s) in behavioral terms. What answers was the team looking for through the assessment? If your district is very traditional, ask questions of the teacher or your supervisor to identify these.
   b. Summary of findings in reference to the referral question(s). List each of your referral questions; specifically answer the questions referencing your assessment results. (This is NOT the same as a summary of your test results)
   c. Based upon the assessment results, state what recommendations for strategies and interventions to address identified student needs would you make. These need to be specific interventions and the interventions need to be directly tied to the assessment results. (This is not the same as a traditional recommendation section of a report)
   d. **How did you integrate and interpret the data in order to arrive at the recommended educational strategies and interventions?**
   e. What was your role in the CSE process? (Soc History, Medical History, interviewed parent, observation, etc.?)
   f. What role did other school personnel play in the CSE process?
   g. What assessment procedures did you use? (List all procedure: record review, observations, normed testing, interviews, criterion referenced testing, CBM, etc)
   h. What assessment procedures did your cooperating psychologist use?
   i. Dates of Observation, Testing, and Meetings. (You MUST do an observation and include a written summary of the observation in this summary sheet if it was not included in the report).
   j. Record review and academic history.
   k. Vision and Hearing screening results and dates.
   l. Social history summary.
   m. Primary language spoken in the home/Primary language of the child is defined with an explanation of how the primary language was determined
   n. If the child’s primary language is not English, how did his/her second language or culture impact the test results
   o. Medical History summary
   p. If standardized test scores were not listed in the report, list them in the summary. This **must** include subtest and factor scores as standard scores, with confidence intervals. If an LD teacher completed the achievement component of the case study you must include the subtest scores. ALL scores must be reported as standard scores with the **confidence intervals** listed.
   q. If the student is 14 or older, then a transition plan MUST be included.
   r. If the student obtained an overall cognitive measure of 70 or below, then an adaptive behavior measure must be administered, scored and findings included in the summary report
s. Reflection on reporting out the results at the IEP meeting

  t. What educational strategies and interventions did you take to the IEP meeting?

  u. What determinations were made at the IEP meeting?

  v. What suggestions did you make at the IEP meeting?

w. What goals, objectives, benchmarks and accommodations were finally put into the student's IEP? How did they relate to the assessment results?

Your supervisor needs to sign off on the copy of the report stating that you completed the CSE and attended and reported out at the IEP meeting. Use this form below and make sure to attach it to the summary sheet.

I confirm ____________________________ completed the attached case study evaluation.

LOYOLA STUDENT NAME

On ____________________________, _________________________________ presented the results of the evaluation at the IEP meeting.

LOYOLA STUDENT NAME

__________________________________________________

SUPERVISOR SIGNATURE                                    DATE
**Activity: Alternate Site Visit**

**Due Date: Dec. 1**

**Turn-In Style: LiveText**

(NASP Standard 6)

**Goal:** Spend a whole work day visiting a school psychologist (this counts as a practicum day) who provides services in a school that is culturally different from your site and/or this site might serve students whose average SES is different from your school’s site. Observe in the classrooms and observe the school psychologist. Keep notes about your observations. Talk with the school psychologist about how she or he perceives the role to be different from the role of the psychologist in your school.

**Product:** A written summary comparing your practicum site with what you saw at the alternative site. Include what you observed in the classrooms as well as the differences/similarities in the school psychologist’s role. Include the day’s log that documents what you did during the visit.

You must obtain the school psychologist’s signature to document your visit to obtain credit for this activity and scan this page into LiveText

Name of School Psychologist: ________________________________

Signature of School Psychologist: ____________________________ Date: ____________

Name of School: ____________________________________________
Activity: Individual Counseling Parts One, Two and Three

(NASP Standards 1, 3, 4, 6, 8, 10)

Goal: To experience a one to one counseling relationship.

Activity: You will need to have one continuous individual counseling during the second semester. (NOTE: If the student moves before you have completed the required 8 sessions, you will need to pick up another student and develop the case conceptualization for the new student).

Product:

1. A Case Conceptualization (Part One): Must be turned in no later than after the second session.
   a. Include IEP goals/objectives if relevant or use IEP-like sheet from Sakai
   b. Attach copy of rating scale, checklist, or other measure of progress
2. Complete and turn in Progress Notes (see template) after each session (Part Two)
3. Outcome summary report (Part Three)
   a. Update on progress of goal/objectives

All three parts of this assignment are turned in together two weeks following the last session.
Activity: Individual Counseling Part One (40pts)
Due Date: The start of your individual counseling experience
Turn-In Style: Assignments on Sakai

A Case Conceptualization stated within a Cognitive Behavioral context in which you:

- Describe student’s age, grade, & gender
- Define the student’s presenting problem in behavioral terms.
- Include any available test data.
- Discuss cultural context variables
- Review history and developmental milestones
- Define hypothesized cognitive variables
  1. Underlying beliefs
  2. Thinking and feeling patterns
  3. Behavior patterns
- Hypothesize behavioral antecedents and consequences
- Complete a clinical interview with the child and summarize the findings in the report
- Develop an anticipated treatment plan using behavioral and cognitive terms
- Include an IEP in terms of goals and objectives if the student is in a special education setting. If not use the prototype sheet similar to an IEP found on Sakai
- Indicate and include instrument or measure you will use to measure progress
- Hypothesize expected obstacles
Activity: Individual Counseling Part Two (40pts)
Date Due: Weekly
Turn-In Style: Emailed to Monitor

Complete Progress Notes (see template) within FOUR days after EACH session:
  i. Review the steps of the session structure
     1. Mood check in
     2. Homework review (as applicable)
     3. Agenda setting
     4. Session content
     5. Homework assignment (as applicable)
     6. Eliciting feedback
  ii. List what was discussed, how the student behaved, how you reacted, why you reacted the way you did, what could you have done differently, comment on your effective affective skills.
  iii. What do you plan on doing/discussing during the next session?
  iv. Should you re-conceptualize the case conceptualization based upon new data?
  v. If you have contact with teachers/and or parents regarding the student this should be listed and described in your progress notes.

Keep the progress notes in one document so that as each is read by your counseling monitor, he or she is able to refer to previously reviewed weekly notes.

Come to class prepared to discuss the student’s progress.
Progress Notes - Individual Counseling

Date: __________  Session: _________  Therapist: _______________

Student: _____________________  Grade: ________  Age: ________

**Presenting Problem:**  
**Session Goal (related to the presenting Problem):**

**Session structure:**

  - Mood check in:

    **Homework review if appropriate:**
    
    What was the homework, if none, explain rationale:
    
    Student’s response:

  - Agenda setting:

  - Summary of what was discussed (Session content):

  **Homework assignment:** (if none, explain rationale)

**How did the student behave?**

**How did you react to the student’s behavior?**

**What could you have done differently?**

**Comment on effective affective skills:**

**What growth are you seeing towards the overall goal?**

**Plans for next session:**

**Do you need to re-conceptualize the case?**

**Contacts with teachers/parents:**
Activity: Individual Counseling Outcome Summary Report
Part Three (40 pts) plus Parts One and Two
Due Date: Two weeks following the final session.
Turn-In Style: Turn-In Style: Assignments on Sakai, Graded Version on LiveText

Once counseling is finished, write an outcome summary report where you summarize
- the overall issue for the child,
- the goals you worked on during the year,
- any changes in the IEP goals,
- how you measured student growth,
- present raw and analyzed data (charts, graphs, etc.)
- an outcome summary of the progress the student has made

Moreover, include in this part a description of your personal growth in terms of how you dealt with the challenges of the case and the setting in which you provided the counseling. How have you grown as a mental health professional as a result of this case? This section should be given considerable thought and attention and should comprise about half of Part Three.
**Activity: PREPaRE WS1 Reflection**  
**Due Date:** April 7  
**Turn-In Style:** LiveText through Sakai  
(NASP Standard 6)

**Goal:** To apply the preventive and responsive services concepts learned in PREPaRE WS1 to your present site.

In PREPaRE WS1 you learned the importance of balancing physical and psychological safety, termed by the US Department of Education as emotional safety. Psychological safety focuses on the emotional and behavioral well-being of students and staff. As described in the workshop it is enhanced by the establishment of school-wide systems of positive behavioral support, programs that foster social emotional learning, and initiatives that encourage school connectedness, and students’ internal and external resiliency. In addition, the mitigation of risk is fostered by assessment procedures such as those used in threat and suicide assessment. These efforts all require extensive collaboration with other resources within and outside of school. (Slides 30-42, CD Handout 27)

Comprehensive district and school safety teams focus on overall safety and prevention programming. These teams set the tone and direction for safe school initiatives at both the district and school levels, with their primary focus being proactive prevention and mitigation initiatives and programming. These teams are responsible for carrying out the safety plans at the district and school levels which link school climate, related safety issues and prevention efforts to academic and social-emotional programming. (Slides 43-52, Handouts 2, 3, 4, 6 and CD Handout 31)

**Activity:** Review the slides and handouts cited above. If you wish to gather more background information on the content discussed through these slides refer to Reeves, Kanan, and Plog (2010), Doll and Cummings (2008), Volume 3 of Thomas and Grimes (2008), and various chapters from Shinn and Walker (2010) and information at [www.casel.org](http://www.casel.org)

1. Fill out the Behavioral Interventions (pg. 4) and Conduct (pgs. 10 & 11) sections of the Vulnerability Assessment found in Handout 6 for your school. If you work at more than one school, choose one. Make sure to add additional comments if relevant.
2. Pick one of the areas that you marked as requiring either immediate attention or attention soon. Include why you picked this area.
3. Describe how you will research and evaluate evidence based programs that might be effective in your school. Be sure to include the rationale for the choice of the recommendation.
4. An activity such as this would be done by the district and/or school safety team. Who at your school and/or district would be appropriate members of such teams? Remember it is important to consider not only the roles these people play but also the leadership and personality characteristics they might possess as described on slide 47.

**Product:** Attach the completed Vulnerability Assessment sheets to a not less than five (5) page double spaced summary addressing points 2, 3 and 4 listed above.
You will provide a reflection of the personal growth and challenges you have encountered during the year and how this experience has impacted you and your thoughts on providing services to children in the schools in a manner which is culturally sensitive and just for all children and families.
APPENDIX

Professional Dispositions

Professional school psychologists are expected to demonstrate competence within and across a number of different but interrelated dimensions. Because programs that educate and train professional school psychologists also strive to protect the public and profession, faculty, training staff, and supervisors in such programs have a legitimate and vested interest in the comprehensive evaluation of student competence to include multiple aspects of development and functioning. Students in school psychology training programs should know that the faculty, training staff, and supervisors have a professional, ethical, and potentially legal obligation to: (a) evaluate the interpersonal competence and emotional well-being of student trainees who are under their supervision and who provide services to clients and consumers, and (b) ensure – insofar as possible – that the trainees who complete their programs are competent to manage future relationships (e.g., student, collegial, professional, public, supervisory, teaching) in an effective and appropriate manner. Because of this commitment, professional school psychology education and training programs, faculty, training staff, and supervisors strive not to “pass along” students with issues or problems (e.g., cognitive, emotional, psychological, interpersonal, technical, and ethical) that may interfere with professional competence to other programs, the profession, employers, or the public at large. Therefore, within a developmental framework and with due regard for the inherent power difference between students and faculty, students and trainees should know that their faculty, training staff, and supervisors will evaluate their competence in areas other than coursework, seminars, scholarship, comprehensive examinations, or related program requirements. These evaluative areas include, but are not limited to, demonstration of sufficient: (a) interpersonal and professional competence (e.g., the ways in which students relate to students, peers, faculty, allied professionals, the public and individuals from diverse backgrounds or histories); (b) self-awareness, self-reflection, and self-evaluation (e.g., knowledge of the content and potential impact of one’s own beliefs and values on students, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (c) openness to process of supervision (e.g., the ability and willingness to explore issues that either interfere with the appropriate provision of care or impede professional development or functioning); and (d) resolution of problems or issues that interfere with professional development or functioning in a satisfactory manner (e.g., by responding constructively to feedback from supervisors or program faculty; by participating in personal therapy in order to resolve problems or issues). Thus, the professional school psychologist and researcher must have professional competencies and skills in our discipline. In addition, one must have strong dispositions to engage in applied ethical practice and research. We have outlined the criteria for evaluating dispositions in another document on the School Psychology website under “Forms” and also as an appendix in this handbook. We utilize this document as we review student progress under NCATE guidelines on an annual basis. Each spring you will meet with the faculty to complete your disposition evaluation.

Every spring, the program faculty meets to conduct a performance assessment of all current doctoral students in school psychology. This assessment is based on multiple aspects of development and function inclusive of course-work, applied supervised clinical work and dispositions. The evaluation form for assessing dispositions is located in the appendix. Students then meet individually with program faculty, at which time the results of the performance assessment are shared. At that meeting, the findings from the performance assessment are used to make a program faculty decision as to whether the student is meeting
benchmarks in the program and is ready to move toward the next phase of training (e.g., second year practicum, third year internship). If it is determined during this annual evaluation, or at any time within the program, that a student is not meeting proficiency in one or more areas and is not ready to move to the next level of training, then a remediation plan is developed with the student. The remediation plan focuses on setting goals and objectives for the student to meet in order to meet levels of proficiency. Progress on these goals and objectives are monitored, in which performance feedback is given to the student as to whether improvement has occurred. The remediation plan might focus on providing opportunities for additional practice in a particular area, repeating components of the training program and/or obtaining outside services (e.g., counseling). After review of progress on the remediation plan, the program faculty may determine that the issue(s) have been resolved and/or ultimately make a recommendation for dismissal from the program. The faculty reserves the right at any time to recommend immediate dismissal for egregious acts that are harmful to clients, students, or the profession.