An Ounce of Prevention:

Positive Behavioral Supports in Catholic Schools

Michael J. Boyle, Ph.D.
Center for Catholic School Effectiveness
School of Education
Loyola University Chicago

mboyle3@luc.edu

PBIS is...
Challenging Behavior

Perception of Noncompliance

Maintain/increase challenging behaviors

Traditional Approach to Managing Challenging Behaviors

Look to control or to punish

Student’s needs remain unaddressed

Design/apply manipulative interventions to have power over student

Knoster and Lapos, 1993

Effective Behavior Support

Personal growth improves self control

Improved Quality of Life

Reductions in challenging behaviors by learning

Meet needs in a more socially acceptable manner

Perception of unmet needs

Look to understand needs and develop hypothesis

Design/deliver prevention/intervention strategies based on hypothesis

(Knoster and Lapos, 1993)
Five Steps to PBIS

Define:

Teach:

Remind:

Correct:

Celebrate
<table>
<thead>
<tr>
<th><strong>ARRIVAL &amp; DISMISSAL</strong></th>
<th><strong>BATHROOMS</strong></th>
<th><strong>LUNCHROOM</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Arrival inside the school:</strong></td>
<td><strong>1. Use facilities appropriately.</strong></td>
<td><strong>1. Walk everywhere.</strong></td>
</tr>
<tr>
<td>1. Go to designated areas prompt.</td>
<td><strong>2. Wash hands with soap.</strong></td>
<td><strong>2. Stay seated.</strong></td>
</tr>
<tr>
<td>2. Put belongings in correct places.</td>
<td><strong>3. Turn off faucet.</strong></td>
<td><strong>3. Clean up properly.</strong></td>
</tr>
<tr>
<td>3. Report to office if arriving late.</td>
<td><strong>4. Walk back to class appropriate times.</strong></td>
<td><strong>Be responsible for your own food items.</strong></td>
</tr>
<tr>
<td><strong>Dismissal:</strong></td>
<td><strong>1. Promptly exit assigned doors and walk directly home, to bus, or after school activity.</strong></td>
<td><strong>1. Promptly exit assigned doors and walk directly home, to bus, or after school activity.</strong></td>
</tr>
<tr>
<td>1. Promptly exit assigned doors and walk directly home, to bus, or after school activity.</td>
<td><strong>2. Report to office if ride home is late.</strong></td>
<td><strong>2. Report to office if ride home is late.</strong></td>
</tr>
<tr>
<td><strong>Mid-Day Release:</strong></td>
<td><strong>1. Report to office for sign out.</strong></td>
<td><strong>1. Report to office for sign out.</strong></td>
</tr>
<tr>
<td><strong>1. Report to office for sign out.</strong></td>
<td><strong>1. Inside voices.</strong></td>
<td><strong>1. Inside voices.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>1. Follow directions.</strong></td>
<td><strong>2. Follow your turn in line.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>2. Give others privacy.</strong></td>
<td><strong>2. Give others privacy.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>3. Use one paper towel and put in.</strong></td>
<td><strong>3. Use one paper towel and put in.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>4. Use good table manners.</strong></td>
<td><strong>4. Use good table manners.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>5. Take turns washing tables.</strong></td>
<td><strong>5. Take turns washing tables.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>6. Ask for bathroom privileges.</strong></td>
<td><strong>6. Ask for bathroom privileges.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>1. Respect your privacy.</strong></td>
<td><strong>1. Respect your privacy.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>2. Give others privacy.</strong></td>
<td><strong>2. Give others privacy.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>3. Listen to lunchroom supervisors.</strong></td>
<td><strong>3. Listen to lunchroom supervisors.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>4. Follow your turn in line.</strong></td>
<td><strong>4. Follow your turn in line.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>1. Respect personal space and belongings.</strong></td>
<td><strong>1. Respect personal space and belongings.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>2. Respect others as you board and exit the bus.</strong></td>
<td><strong>2. Respect others as you board and exit the bus.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>3. Respect the personal property of others.</strong></td>
<td><strong>3. Respect the personal property of others.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>4. Use kind words when speaking to others.</strong></td>
<td><strong>4. Use kind words when speaking to others.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>1. Be quick.</strong></td>
<td><strong>1. Be quick.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>2. Observe time limits.</strong></td>
<td><strong>2. Observe time limits.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>3. Return to room promptly.</strong></td>
<td><strong>3. Return to room promptly.</strong></td>
</tr>
<tr>
<td><strong>1. Inside voices.</strong></td>
<td><strong>1. Have all belongings ready to go.</strong></td>
<td><strong>1. Have all belongings ready to go.</strong></td>
</tr>
</tbody>
</table>

**BUS STOPS**

1. Keep hands and feet to yourself.
2. Do not go into the street.
3. Stay on the sidewalk at your assigned stop.
4. Get on and off only at your assigned stop.
5. Keep hands, feet, objects to yourself.
6. Use quiet voices on the bus.

**BUSES**

1. Stay seated at all times (back to back, bottom to seat, backpacks on lap).
2. Enter/exit carefully on the bus.
3. Use quiet voices on the bus.
4. Keep hands, feet, objects to yourself.
5. Open windows to line only (do not put anything out the window).
6. Carry all backpacks on the bus and off the bus (hands must be free to collapse).  
7. No open food or drink on the bus.
8. Take your seat quickly, please sit.
9. Listen to the bus driver, please sit.
10. Slide in and let others sit.
11. Use kind words when speaking to others.
12. Make sure to take all belongings with you when exiting the bus.

**JOB DESCRIPTIONS**

**BE SAFE**
- Arrive on time.
- Have belongings in hand.
- Promptly report to your classroom.
- Don't forget to have all belongings ready to go.

**BE RESPECTFUL**
- Give others privacy.
- Give others privacy.
- Listen to lunchroom supervisors.
- Follow your turn in line.
- Follow your turn in line.
- Use good table manners.
- Use good table manners.
- Take turns washing tables.
- Ask for bathroom privileges.
- Respect personal space and belongings.
- Respect others as you board and exit the bus.
- Respect the personal property of others.
- Use kind words when speaking to others.
- Be quiet.
- Observe time limits.
- Return to room promptly.

**BE PREPARED**
- Bring your lunch and milk ticket.
- Dress for the weather.
- Observe time limit.
- Have all belongings ready to go.