Part 1. Think about doing well in school. Now think of the factors that help you to do well. List those things in “drivers” column. Now, think of the things that stop you from doing your best in school. List those things in the “preventers” column.
Part 2. Analyze the two forces ("drivers" and "preventers") that impact your performance in school. Plan how you can increase the "drivers" and decrease the "preventers".

Steps to increase the "drivers":

Steps to decrease the "preventers":