Arrupe College Summer Enrichment Program
LUREC Do’s & Don’ts

What Items can I bring?

Do’s:

- Hangers
- Snacks
- Alarm clock
- Basic first aid: band-aids & hand sanitizer
- Bug spray (ex. OFF)
- Sunscreen
- Medications
- Toiletries
- Notebook/Notepads
- Pens and pencils
- Batteries
- Stationary, envelopes, and stamps
- Stereo/MP3 player-must use headphones
- Small Fan
- Extension cords and surge protectors
- Camera and film
- A few dishes and some silverware
- Umbrella
- Playing cards, board games, and/or books
- Cell phone and charger
- Old, comfortable tennis shoes and walking shoes (we will be hiking and engaging in nature)
- Comfortable clothing that you don’t mind getting dirty (see above)
- Jacket
- Warm socks
- Shower shoes (flip flops for the shower)
- Pajamas-shorts or pajama pants with a top must be worn for males and females
- Clothing for a 3 days with an extra outfit in case it rains

Don’ts:

- Small appliances
- Candles or incense
- Drugs, alcohol or any related paraphernalia
- Weapons
- Halogen lamps
- Pets
- Flammable liquids
- Fireworks
- Heirlooms or expensive jewelry
- Hot plates, toasters, cooking appliances of any nature, or cup-type immersion water heaters.
- Laptops or gaming devices due to risk of theft
- Cigarettes, chewing tobacco, or E-Cigarettes
- Nightgowns
- Sheer or delicate clothing
- Bottled Water (LUREC is an eco-friendly resort; water will be provided in recyclable water bottles by Arrupe staff)
- Fruit or other non-packaged food (snacks will be provided by Arrupe staff)