Stritch alumnus and faculty member honors his memories with a $1 million gift

Frederick M. Selfridge, MD, a 1946 Stritch School of Medicine alumnus, has experienced the Loyola family from every angle: as an undergraduate, as a medical student, as a faculty member, as a physician treating patients, and as a patient receiving care. Selfridge attributes his successful career to the solid education, training, and practical experiences he gained at Loyola. “My experiences at Loyola were priceless gifts given to me long ago,” Selfridge says. “I truly feel that if I had not been accepted at Loyola’s Lake Shore Campus and the medical school, I would not be where I am today. The fact that I was able to attend both schools is a debt I can never quite repay, and being invited to become a member of the faculty was quite an honor for me as well.”

In recognition of these positive experiences, Selfridge has made a $1.6 million bequest to Loyola, continued on next page

Couple remembers Stritch with named scholarship

Dr. James and Mrs. Patricia Meucci have lived in California for the past 30 years, but they’ve never forgotten their experience at Loyola University Chicago and the Stritch School of Medicine. “We had very excellent instructors at Loyola,” says Dr. Meucci, who graduated from Loyola in 1956 and Stritch in 1960. “My favorite place on campus was the Madonna della Strada Chapel. I spent a lot of time there praying for good grades.” Mrs. Meucci, a 1959 graduate, concurs. “I thought the nursing program was excellent.”

Although the Meuccis were impressed by the quality of the education at Stritch and Loyola, they left school with more than a degree. The couple met at Loyola. When Dr. Meucci was a senior, he sold an earthworm to Mrs. Meucci as part of a science class. Romance blossomed, and the couple was married as soon as Mrs. Meucci finished her degree. “If I had four years to live over, it would be those four years,” says Mrs. Meucci. “We developed a lot of friends with whom we are still in contact.”

Their experience at Loyola gave the Meuccis more than an education and friendships, however; it also changed their perceptions. “I learned to appreciate various ethnic groups,” Mrs. Meucci explains. “I really enjoyed my public health experience. I worked on the South Side, and it was so diversified. As a 20-year-old, it was so eye-opening.”

“Loyola has a tendency to mature one very quickly,” Dr. Meucci agrees. The Meuccis have honored this respect for Loyola, and their fond memories, by establishing a named scholarship at Stritch, the Dr. and Mrs. James A. Meucci Scholarship. Their $5,000 gift will grant a deserving student greater access to the benefits of a Stritch education. continued on next page
allocating more than $1.3 million to Stritch, $25,000 to the medical center, and $250,000 to Loyola University Chicago. The gift is to be used for whatever purposes Stritch, the medical center, and the University deem fit. “Where the need is greatest is where my money should go,” Selfridge says.

Selfridge attended LUC from 1940 to 1943 and Stritch from 1943 to 1946. “I was in medical school during World War II and also served in the Army at that time, so my tuition was paid by the Army Medical Corps,” he explains. Selfridge recalls wearing his Army uniform to school.

He formed close friendships with several classmates, most of whom were men since there were only four women in each class at that time. “I felt very welcomed by all of my teachers and classmates. I believe 18 of my classmates are still living now,” Selfridge says. “My health no longer allows me to attend the annual Stritch alumni reunion, but I remain in contact with a couple of my classmates from the Chicago area.”

After graduating from Stritch, Selfridge finished a 15-month internship at Mercy Hospital and Medical Center in Chicago. He then served at a hospital in Guam for the U.S. Army Medical Corps for two years and provided psychiatric care and general medical care during a three-month tour of duty in Tokyo. After completing his military service, Selfridge completed a residency in internal medicine at the University of Wisconsin Hospital in Madison, followed by a fellowship at Tulane University School of Medicine in New Orleans.

A member of the Stritch faculty from 1953 to 1971, Selfridge served as an associate professor in the Department of Medicine and as assistant and associate dean. After leaving Stritch, Selfridge served as the assistant director of the Department of International Medicine at the American Medical Association and as director of professional services at Mercy Hospital and Medical Center. From 1973 to 1988, he was the director of the Department of Medical Education at Holy Cross Hospital in Chicago.

Selfridge, a Chicago-area native, retired as an internal medicine specialist in 1988. Post-retirement, he maintains a close relationship with Loyola, stays current with University improvements, and fosters ongoing communications with administrators. “I certainly consider the students and the faculty as an extension of my family,” he says.

Couple remembers Stritch with named scholarship continued

After finishing his own degree at Stritch and doing an externship at St. Francis Hospital, Dr. Meucci finished up his ENT training at the Hines Veterans Administration Hospital. Afterwards, the Meuccis moved to South Carolina, where Dr. Meucci did his military obligation for two years at Fort Jackson. For one of those years, before the arrival of a second specialist, he was the only ENT physician for 28,000 troops and their dependants. From South Carolina, the couple relocated to the Sacramento, California, area where they have been ever since. In 1976, Dr. Meucci started his solo practice, and Mrs. Meucci ran the office for 20 years. Both devout Catholics, Dr. Meucci was ordained to the Permanent Diaconate, Diocese of Sacramento, in 1996.

The Meuccis learned of the special tax benefits of donating from an IRA by their broker. “It’s nice to be able to give money out of a plan and not be taxed on it,” explains Mrs. Meucci. The Meuccis’ generosity, however, is motivated by more than tax incentives, nostalgia, or even gratitude. “There is a need, and what we could do was to give to Loyola,” describes Dr. Meucci, whose parents were both immigrants from Italy. “My parents worked very hard to pay for my education. We were so fortunate because of that. Now, medical students are really deeply in debt. It is to a point where it will determine what specialty they will go into. We thought that maybe we could help.”

“We hope the person who wins our scholarship will know how lucky they are to be at this school,” says Dr. Meucci.
IRAs, 401(k)s, 403(b)s, and other qualified retirement plans are among the best ways to save for a comfortable retirement. Contributions are sheltered from taxation in the year they are made, and the accumulated funds grow tax-free.

When funds are withdrawn, income tax will be paid by the recipient—by you while receiving distributions or by your beneficiaries after your death. If your total estate exceeds the estate-tax exemption amount, all your assets—including your retirement assets—may be subject to estate tax.

Combined, income and estate taxes could confiscate more than 60 percent of what you intend for beneficiaries. In fact, retirement-plan assets are likely to be the most heavily taxed assets that you can leave to heirs. Considering the potential tax bite, leaving retirement funds to heirs is like locking a favorite sweater in a closet with a couple of hungry moths: not much will be left by the time your kids inherit it.

**The tax-free IRA rollover is set to expire**

After a decade of near misses, the nation’s charitably minded individuals finally scored a significant win when Congress passed and the president signed the Pension Protection Act of 2006 (PPA 2006) into law. While the act implements important pension-reform measures, it also creates a new and exciting gift-planning opportunity to make gifts from your IRA and exclude the amount of your gifts from gross income. To qualify:

- You must be 70½ years of age or older;
- The transfers must go directly from your IRA to qualified charities;
- Your gifts cannot exceed a total of $100,000 per year; and
- Your gifts must be outright.*

This opportunity is available until the end of 2007, and the gift does not qualify for a charitable tax deduction.

*Transfers to supporting organizations, donor advised funds, and charitable remainder trusts and for charitable gift annuities do not qualify.

**Law allows tax-free giving from IRAs through 2007**

You may benefit greatly from PPA 2006 if:

- You are required to take minimum withdrawals.
- You have already made the maximum donation for allowable charitable deductions.
- You are subject to the 2 percent rule that requires that itemized deductions be reduced.
- You are subject to the alternative minimum tax (AMT) and are taking mandatory withdrawals from your IRA.
- You live in a state where a charitable deduction is not available for state tax purposes.
- You do not itemize.
- Your major assets reside in your IRA.

As you can see, PPA 2006 has made lifetime transfers of IRA assets a more viable option, but what about the rest of your retirement-plan assets? It is likely that these remaining funds make up a large portion of your estate.

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**Benefit the Stritch School of Medicine and your family—with a gift of retirement funds**

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<th>IRA given to Stritch</th>
<th>IRA to family</th>
<th>No gift</th>
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<td>beneficiaries $2,178,750</td>
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If you die with $500,000 in your IRA:

**Benefit the Stritch School of Medicine and your family—with a gift of retirement funds**

**Benefit the Stritch School of Medicine and your family—with a gift of retirement funds**

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*This provision has so many benefits that it has allowed me to increase my charitable giving by 44 percent.*

—Jim Haberkorn (BSC ’56)
Choosing the right asset to benefit Stritch School of Medicine

If you are planning to benefit us at death, consider designating Stritch as beneficiary of some or all of your retirement-plan benefits. You will likely save more taxes when giving these assets compared to gifts of securities, real estate, and other investments. Here’s why:

- Your testamentary gift to us of your retirement-plan benefits avoids income taxes because Stritch is tax-exempt.
- Your gift also qualifies for an estate-tax deduction, ensuring that your heirs will receive more of your other assets.
- To make this gift, simply contact the administrator of your retirement plan and request a beneficiary-designation form. You designate Stritch as the beneficiary of part or all of your retirement-plan assets. That’s it! You don’t have to change your will.

It’s that easy! With a few strokes of a pen, you can be sure that the assets will be paid directly to Stritch School of Medicine and will not be subject to estate tax or income tax. You have the satisfaction of making a significant charitable gift at relatively little cost to your heirs and knowing that your money is helping Stritch with its mission.

The flow chart on page 3 illustrates how a person with an estate consisting of $2,500,000 that includes an IRA valued at $500,000 can make a gift of the IRA to Stritch at a cost of only $178,750.

We are here to help

This issue of Caring for Our Future has presented several attractive ways to make a charitable gift of your retirement-plan funds to Stritch. Please do not hesitate to contact us if you would like more information or have questions.

To assist in your planning, we would like you to have a complimentary copy of our latest booklet, Charitable Tax Planning with Retirement Funds. To request your copy, simply return the card or call our office.

Save the dates!
St. Albert’s Day
November 30, 2007

Holiday Break
December 14, 2007, to January 1

2008 National Residency Match Day
March 20, 2008

Class of 2008 Graduation Ceremony
June 1, 2008